



7/7/23

FRIDAY NEWS

N<sup>o</sup>. 37

Dear Parents and Carers,

## Summer Fair

Despite the rain it was so lovely to be able to hold the Summer Fair last week. Thank you to everyone who helped out, donated, bought wrist bands and raffle tickets and supported. The total money raised was an amazing **£1780**.

A huge thank you to our fantastic FOAS team for all their hard work in planning and organising the event - they work incredibly hard all year to plan enjoyable events that raise money for our school.

## Camp!

As I write this, Year 6 are away in London having the time of their lives. They are enjoying an action-packed few days including a walking tour of some of the sights (complete with a photoshoot outside Buckingham Palace), trips on the London Eye and down the River Thames, climbing to the very top of St Paul's Cathedral, a visit to Covent Garden, dining in style, watching Matilda at the theatre and even fitting in a visit to Legoland on the way home. We have posted some lovely photos on the school Facebook page.

Thank you to all the staff who have accompanied the children on these camps and on the Year 3, Year 4 and Year 5 camps earlier this term. It is a lovely thing to do, because it's great to see the children in a completely different environment, but it's exhausting and very little sleep is involved! Without their dedication, these trips could not go ahead and we really are very grateful to them all.

Today we said goodbye to Mr Keast who has been working at Alverton for many years. We thank him and wish him every success for the future.

Have a lovely weekend,

Cathryn Wicks  
Head of School

## Remember – safeguarding is everyone's responsibility

If you have a safeguarding concern, please contact Martin Higgs (Designated Safeguarding Lead) at [head@alverton.tpacademytrust.org](mailto:head@alverton.tpacademytrust.org) or, if it is out of school hours, please contact the Multi Agency Referral Unit on 0300 1231 116;  
E-mail: [multiagencyreferralunit@cornwall.gov.uk](mailto:multiagencyreferralunit@cornwall.gov.uk)

## Outstanding money owed

At present there are a sizeable number of debts owing for breakfast club, after school child care, trips, swimming and lunches. TPAT cannot allow any debt to be carried over to September and certainly none for anyone leaving the school. Please ensure that any money owed for any outstanding amounts are paid by Thursday 20th July at the latest. Please check your Schoolmoney account to see if you owe anything. All debts for lunches must be paid to Chartwells by the end of term.

## Well done

Lola, Alby and Poppy took part in a schools showjumping competition last week. Alby, competing on Tiny for the first time, did an amazing job going clear and Poppy was amazing as one of the youngest riders on her lovely pony Quattro also going clear but just out of the placings as a team. Lola also went clear for her team and came 5th as an individual out of 44 riders.

Overall a long day but great team effort everyone enjoyed the day. Well done to all of them.

## THIS IS OUR

## HELP YOUR SHELF

### How it Works

It's all **free**.

**Take what you need,  
whenever you need it.**

**No Questions Asked – No Judgements Made**

**Give what you can if you would like to.**



We currently have lots of items on our Help Your Shelf ready for collection which are free for anyone to take at any time.

If you prefer, you can buy a reusable bag for £1 and fill this with items from the shelf. Once you've bought your bag, you can fill it with as much as you want, as many times as you want. Whichever way you choose, the Help Your Shelf is available all day and you can pop in at any time.



## Daisy's Diary

Not long until the end of term and my last day! And there's so much to dooooo! I was a bit worried I'd go without thanking everyone who's come in and helped with Alverton's Outdoors over the years so I'm getting it in this week's newsletter. Thank you so much to all those parents and helpers who have come in and made gardens, help plonk Wendy houses together, dug up bamboo for hours and dug in concrete slabs so it doesn't take over the world, donated bulbs and seeds and plants and trees, painted and planted and built so that we could have so many school gardens and lovely outdoor spaces. Lots of businesses and organisations have donated things as well - most of them knowingly!! - and also thank you to all of you who have been so encouraging over the years and telling me how lovely things were looking even when I felt it actually looked like the start of one of those apocalyptic films where humans had been wiped out and everything had started to grow into a jungle. And obviously thank you to the children who were just super and always had better ideas than me.

Guys! We've done one and a half dumpy bags of bottles! And the children have made them super clean and ready to go. We need more so dig out your single use plastic bottles -  
Washed  
Not squashed  
Labels off  
Lids on  
And put them in the big yellow bag in the staff car park. I'll put an invite to the big bottle event next week so you can see what happens to them!

Here's me and my troupe collecting bottles around PZ (in our cossies - of course!)

It's Penzance Pride this Saturday 8<sup>th</sup> July – wishing all our families who are attending a lovely day!



**SURFERS  
AGAINST  
SEWAGE**





## Cornwall Partnership NHS Foundation Trust

The Trust has its own Out of Hours telephone support provided by Support Matters Cornwall. This service operates from 5pm to 9am on weekdays and 24 hours a day at weekends and bank holidays. The service is open to all patients (aged 16+) under the care of the Trust's mental health services. Support can be delivered over the telephone, via text, email or web chat. Call free on **0800 001 4330**.



Family  
Line

0808 802 6666

ChildLine

0800 1111



0300 123 3393

www.mind.org.uk



for better mental health

Download this image onto your phone for **when you might need help**



**Samaritans:** 24h  
Emotional support to anyone in distress, struggling to cope, or at risk of suicide.

116 123

**Shout:** 24h  
Text service, free on all major networks, for anyone in crisis anytime, anywhere.

• If you're over 18, text the word **SHOUT**

• Under 18s, text **YM**

Text: **85258**

### Cornwall's 24/7 NHS mental health support

Call for free, any time day or night if you are worried about your own or someone else's mental health. The team behind the 24/7 open access telephone service will listen to you and determine how best to help

0800 038 5300

### Valued Lives:

Supports people who are experiencing mental or emotional distress in Cornwall. Every day, 5.30pm - midnight.

01209 901438

If you, or someone else, is in immediate danger call **999**



www.cornwall.gov.uk/mentalhealth

If you're worried about a child:

0808 800 5000  
help@nspcc.org.uk  
www.nspcc.org.uk

### Penzance CTIPA Foodbank

The CTIPA Foodbank in Penzance provides food for anyone in need. If their support would be helpful to you, just phone Veryan or Adele in the office in confidence on 01736 364087 and they can phone the Foodbank for you who will be able to help.

The Foodbank are extremely busy at the moment and are very grateful for any donations.

citizens  
advice

0344 411 1444

ON YOUR SIDE  
NO MATTER WHAT

0800 58 58 58

THECALMZONE.NET/WEBCHAT

5PM-MIDNIGHT | FREE | CONFIDENTIAL | ANONYMOUS

CAMPAIGN  
AGAINST  
LIVING  
MISERABLY  
CALM

"It's alright to ask for help"

SAMARITANS

116 123

NATIONAL DOMESTIC  
VIOLENCE HELPLINE  
0808 2000 247  
24/7 CONFIDENTIAL  
FREEPHONE

AT HOME  
SHOULDN'T  
MEAN  
AT RISK

#YOUARENOTALONE

FIND SUPPORT AT:  
gov.uk/domestic-violence

WCWAid

West Cornwall Women's Aid

01736 367539

https://www.wcwaid.co.uk/helpline



## What Parents & Carers Need to Know about

# RUMBLE

AGE RESTRICTION  
**12+**

on the App Store;  
'Teen' on Google Play

A video-sharing platform designed as an alternative to YouTube, Rumble is the epitome of a 'slow burner' in digital circles: it was initially launched in 2013, but it's only in the last two or three years that it's begun to gain serious traction. Much of Rumble's recent growth has stemmed from its association with Truth Social, the platform founded by former US President Donald Trump. Rumble's content frequently reflects some intense political viewpoints; this can often affect the way it approaches topics and has occasionally caused the platform to venture into controversial territory.

### WHAT ARE THE RISKS?

#### POLITICAL AFFILIATIONS

The company which developed Rumble is also responsible for hosting Truth Social, the often contentious news and social network founded by Donald Trump. Indeed, Rumble's content often reflects the ideas of one group of US voters, who have embraced it as an alternative to more mainstream social media. Many parents may feel that such an overtly political platform isn't suitable for young people.

#### PROVOCATIVE CONTENT

Rumble prides itself on championing free speech, with its CEO declaring the platform "immune to cancel culture". Many of Rumble's highest-profile content creators – such as Andrew Tate and Russell Brand – are well known for sharing opinions which are often described as extreme. While adults might be equipped to treat this content objectively, much of it may not be appropriate for a young audience.

#### INAPPROPRIATE MATERIAL

In very simple terms, Rumble works a little like YouTube but with far fewer censors and restrictions being applied to its content. If age-inappropriate material or potentially harmful misinformation is trending on the platform and being shared among more mature users, there's a distinct possibility that Rumble's algorithm may also recommend that content to a child.

#### CONTROVERSIAL FIGURES

Many of Rumble's best-known accounts are owned by individuals who have previously been banned from other social media platforms. There could, of course, be a variety of reasons behind this – but it almost certainly increases the chances of your child coming across content on Rumble which probably wouldn't be deemed acceptable on other similar platforms.

#### SENSITIVE TOPICS

In recent months, some prominent Rumble influencers have expressed uncompromising views on sensitive subjects such as gun control, abortion, LGBTQ+ issues and more. With many Rumble accounts tending to display a noticeable political bias, the concern would be that young people using the platform may not always be presented with an impartial perspective on these important and complex topics.

## Advice for Parents & Carers

#### TALK ABOUT POLITICS

Rumble *does* have a team of moderators, but the nature of the platform means that some permitted content is likely to be controversial and highly subjective. That possibility might make many parents uncomfortable – but if your child *does* view (or hear about) something provocative on Rumble, it can still provide a useful opportunity to discuss politics at home in a safe, relaxed environment.

#### RESEARCH ALTERNATIVES

No video-sharing platform is totally free from potentially harmful content, of course – but the number of prominent account holders on Rumble whose output has previously been banned from similar services is certainly a cause for concern. If your child is becoming interested in influencer culture or politics specifically, you could perhaps research more family-friendly platforms together.

#### CHECK UP REGULARLY

Like any video-sharing platform, there's a chance that Rumble might suggest inappropriate content for your child. There may be an algorithm issue – or it could be that the recommendations are based on videos they've previously viewed. If your child uses Rumble, you might consider a chat with them about which accounts they follow and what type of content is suitable for their age.

#### DISCUSS IMPARTIALITY

Many prominent Rumble accounts wear their political leanings firmly on their sleeves. As a result, it can be tricky for impressionable young people to appreciate both sides of any given debate. If your child is old enough to use Rumble, you may feel that a discussion of some things they've seen might be prudent – if so, be prepared for some complex (and possibly lengthy) conversations!

#### Meet Our Expert

Lloyd Coombes is Editor in Chief of gaming and esports site GGRecon and has worked in the gaming media for around four years. A regular visitor to the App Store to try out new tools, he's also a parent who understands the value of online safety. Writing mainly about tech and fitness, his articles have been published on influential sites including IGN and TechRadar.



NOS  
National Online Safety®  
#WakeUpWednesday

Source: <https://www.pewresearch.org/journalism/2022/10/06/prominent-accounts-on-alternative-social-media-sites-mostly-are-individuals-not-organizations/>



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety



@national\_online\_safety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 05.07.2023

There is a lot of help and advice available to help you keep your children safe online. Have a look at the Online Safety section of our website for lots of useful information and links [http://www.alverton.org.uk/website/online\\_safety\\_for\\_families/246722](http://www.alverton.org.uk/website/online_safety_for_families/246722). Your child's teacher will also always be happy to talk to you about online safety.



## Free School Meals / Pupil Premium

<https://www.cornwall.gov.uk/schools-and-education/schools-and-colleges/school-meals/>

Registering a child as eligible for free school meals (as described below) means that your child receives a free meal every day (though they can, of course, bring a packed lunch should they prefer) but there are additional benefits too. Pupil Premium brings more money into the school to help children achieve and learn. Children in receipt of the Pupil Premium also receive other benefits (eg contributions towards Key Stage 2 camps and funding to use for uniform, music lessons, trips etc). At some times, there are further benefits for these children such as food vouchers during holiday times where these are given. Please see the Pupil Premium Provision Map in the Pupil Premium section of our website [http://www.alverton.org.uk/website/pupil\\_premium/172518](http://www.alverton.org.uk/website/pupil_premium/172518) or speak to Mrs Gill or Mrs Stacey in the office or contact Mrs O'Rourke who leads our Pupil Premium provision.

The easiest and quickest way to apply for free school meals is online through the Cornwall Council website but, if you are unable to do this, you can call the Free School Meals team on 01872 323298 and a member of the team will call you back to complete the application over the phone.

A child is eligible for free school meals if their parent / carer (or the child themselves) receives any of the following benefits:

- Income Support (IS)
- Job Seekers' Allowance (Income-Based) and equal based Job Seekers Allowance
- Income Related Employment and Support Allowance (ESA-IR) and equal based Employment and Support Allowance
- Child Tax Credit (CTC) with an annual income of less than £16,190
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Guarantee Element of Pension Credit (GPC)
- Immigration and Asylum Act 1999 (IAA) Support
- Universal Credit - your household income must be less than £7,400 a year (after tax and not including any benefits you get) as assessed by earnings from up to three of your most recent assessment periods

If you are claiming the benefits listed below you are NOT eligible for free school meals, regardless of what other benefits / credits are being claimed:


















- Working Tax Credit
- Contribution-Based Job Seeker's Allowance and / or Contribution-Based Employment and Support Allowance

NB All Reception, Year 1 and Year 2 pupils are entitled to receive a free school meal as part of the Universal Infant Free School Meals (UIFSM) initiative, regardless of what benefits are being claimed. However, some children in Reception, Year 1 and Year 2 may also have an entitlement to benefits-related free school meals and it is important to apply for these if you think your child may be eligible.

Registering for free school meals / Pupil Premium is confidential. If you think that your child is eligible, we strongly recommend that you contact Cornwall Council as detailed above. Mrs Gill and Mrs Stacey in the office will also be able to help you and answer any questions you may have.

Thank you.

## STARS OF THE WEEK

											
	Kittiwakes	Marissa	for having a super imagination & for your burst of curiosity								
	Curlews	Elijah	you have been a total star all year								
		Neve	you have been a total star all year								
	Puffins	Amy	for being so kind, patient & an all round superstar								
	Owls	Layton	for being an all round superstar & always giving 100% in everything								
	Kingfishers	Kitto	for his super story writing								
	Trencrom	Kaylan	for always being an exemplary member of the class								
	Lanyon	Ruby	for putting in great effort this year with work								
	Kerris	Ava	for being such a lovely member of our class								
	Bodripty	Brodie	for working so hard all year & being an absolute pleasure to teach								
	Bosigran	Hannah	for being such a lovely member of Bosigran class								
	Lunchtime Star	Chloe	for being super helpful								
											

I have learned the hard way this week that there are people out there who seem happy but are the exact opposite and, to be honest, it's left me reeling a bit. On the back of this it occurs to me that the same will be true for many adults out there, to varying degrees and I have been wondering about that and what I personally can do. I am smiling more, at total strangers (we all know the positive benefits of a smile) and I feel duty bound to try to make a small difference in this way as much as I can. I also know that some of our parents find the thought of 6 weeks of summer holidays with their children a challenge, socially, emotionally and financially. It can be daunting, with potential issues such as child care, loneliness, the challenge of constantly finding something to do (that doesn't cost too much), partners that may be at work all day or living elsewhere; it's not always great fun for everybody. Children also benefit hugely from play dates with peers and it will help them when they come back in September. So why not have a look around at those in your class and swap numbers? Even just that can make somebody feel better, even the promise of one small play date in the park can be an event to look forward to, for adults and children alike. It'll make you and others feel better and will go a long way towards helping our community. My very best wishes, Mrs Daylak



### Lost property

All the un-named lost property remaining in the lost property box on 21st July will be taken to the charity shop so please come and check the box before then if you are missing something. All named items will be returned to your child. The box can be found outside the side hall door.

### Clubs

All clubs have now finished except Tennis on Tuesday (last one). Please collect your child from school at 3.15pm unless they are booked into after school child care.

## DIARY DATES

Friday 21st July 1.30pm	Year 6 Leavers Assembly
Friday 21st July 3.15pm	School closes for Summer holidays
Monday 24th July	School closed - INSET Day
Tuesday 25th July	School closed - INSET Day
Wednesday 26th July-Sunday 3rd September	Summer holidays - school closed
Monday 4th September	School closed - INSET Day
Tuesday 5th September 8.30am	School opens for Autumn term



Approved Provider 2020/2021

# BOOK NOW





Starting on the 24th July

FREE!

Free Places  
for FSM  
Children



Free Lunch  
included







MORRAB LIBRARY

CHILDREN'S SHORT STORY

COMPETITION 2023

For children aged 4-11 OR 12-16 who live in Cornwall

More information and entry guidelines  
on the website: [morrablibrary.org.uk/shortstory2023](http://morrablibrary.org.uk/shortstory2023)

Free to enter.  
Closing date 14th July 2023

IG: @morrablibrary





# SUMMER ACTIVITES

## PENZANCE

**DT**  
*Sports*  
COACHING SERVICES

DT Coaching are back running fun activity clubs this summer holidays. From Basketball and Dodgeball to Bubble Football and Roller Skating, we've got something for everyone!

For ages  
5 - 16 years

Alverton C.P School

Healthy hot lunch  
provided!

8:30am - 12:30pm & 12:30pm - 4:30pm

on

Tues 29<sup>th</sup> August

Wed 30<sup>th</sup> August

Thurs 31<sup>st</sup> August

Fri 1<sup>st</sup> September

Funded for those  
eligible for Free School  
Meals

### How to Book

Bookings are made via Playwaze  
or visit the DT Coaching website: [www.dtcoaching.co.uk](http://www.dtcoaching.co.uk)  
or contact: [info@dtcoaching.co.uk](mailto:info@dtcoaching.co.uk)



For more information about the T2M Programme contact:  
Email: [Time2Move.HolidayProgramme@cornwall.gov.uk](mailto:Time2Move.HolidayProgramme@cornwall.gov.uk)  
Phone: 01872 323335