

News from around the school

Reception

The children in Curlews and Kittiwakes have enjoyed settling into their new classroom environment. As well as learning new routines and exploring all the exciting areas, we have been reading to our real life reading rabbit too. We all contributed name ideas for the rabbit and after a class vote, we now have a rabbit called Benjamin. We have also been busy painting self portraits, looking carefully at our different eye, hair and skin colours as well as mixing our own paints to make just the right shade we need. We will be looking at families too, finding out about all the lovely variations of family we have in our setting and soon we will soon be exploring our feelings and emotions. Phonics and maths have begun too, as we embark on our new 'big school' leaning journey. And that's just the planned work, because of course small children have lots of original ideas and ways to learn. *Mrs Simpson*

Key Stage 1

The Key Stage 1 team have all commented on how brilliantly the children have returned to school this month. The transition of children from EYFS into Year 1 has been especially impressive with lots of enthusiasm evident for learning in their new classrooms. In the first weeks of the new term, we have had a strong focus on health and wellbeing across the phase with children being taught about our whole-school focus on 'The Five Ways to Wellbeing'. This week, we have also enjoyed a series of activities and workshops provided by the 'Healthy Cornwall' team



with a focus on the importance of a healthy diet, keeping active and looking after our mental health. Feeling happy, healthy and secure in school are all prerequisites to being a good learner so the importance of the focus is self-evident. Finally, can we just say a thank you to all the parents who attended our 'Meet the Teacher' session last week. It was lovely to see so many of you and to hear such positive feedback! *Mr Dawe*



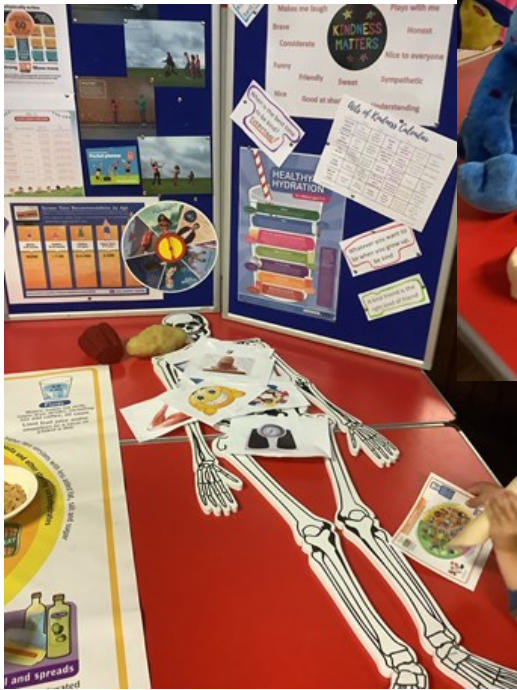
Lower Key Stage 2

We are really proud of how LKS2 have settled back into school life. Our Year 3s have adapted to being in KS2 extremely well and, despite still being in shock that there is no longer an afternoon playtime, they have really impressed us! One group of Year 3s have started their swimming lessons, lots of children are playing instruments as well as all children receiving tennis coaching from Penzance Tennis Club. The children are really enjoying learning about the Stone Age and we have been blown away by the knowledge that hippos used to swim in the English Channel. We have all taken part in a health and wellbeing week, learning many things about how important sleep, exercise and having a healthy diet are. Thank you to parents for your support with reading and spellings - we couldn't do it without your help! *Mrs Dennison*

Upper Key Stage 2

What a fantastic start to our new school year! All of the children have settled back into school life brilliantly and we have been so impressed with their enthusiasm and hard work. Our Reading Revolution has begun with regular quiet reading times, Read Theory sessions and whole class reading tasks. We began our History work with a very loud re-enactment of the Battle of Bosworth which has helped Year 6 who are writing a story about an unexpected hero in the battle. Year 5 are writing a newspaper report about Ann Boleyn and will become roving reporters when they meet her in the flesh! Dance classes have started on Friday afternoon which have been very popular and Year Six Sports Leaders have completed their training so will be helping Mr T very soon. We have been learning French pronunciation, all about Forces in Science and immersed ourselves in Place Value in Maths lessons! Well done all! *Mrs O'Rourke*

Thank you so much to everyone that made our Health and Wellbeing Week a huge success! The children have enjoyed learning about healthy eating, physical activity, hydration, screen time, sleep, self care techniques and much more. Thank you to Healthy Cornwall and the Children' Mental Health Support Team for delivering the workshops and to the various health professionals who came in to speak with parents yesterday evening. Members of staff have also enjoyed getting involved and receiving free health checks.



Remember – safeguarding is everyone's responsibility

If you have a safeguarding concern, please contact Martin Higgs (Designated Safeguarding Lead) at

head@alverton.cornwall.sch.uk or, if it is out of school hours, please contact the Multi Agency Referral Unit on 0300 1231 116;

E-mail:

multiagencyreferralunit@cornwall.gov.uk

PPA days

Your child should come to school in their school tracksuit and not their uniform on the days they have PPA.

Reception - Fridays

Year 1 & 2 - Tuesdays

Year 3 & 4 - Wednesdays

Year 5 & 6 - Thursdays

Please ensure that they have their PE kit in school all other days of the week so that they can change into it for extra PE if necessary.



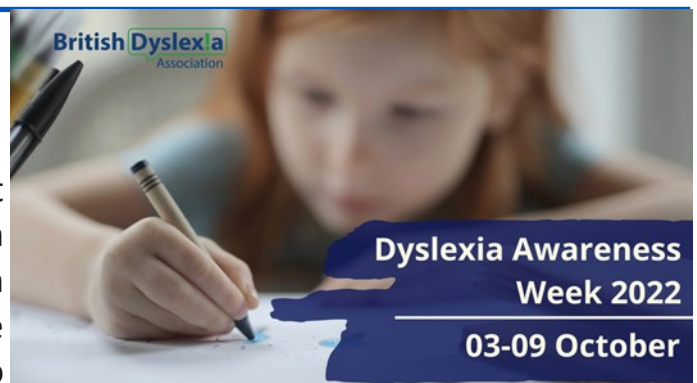
Thanks to all those of you who have returned your reply slips to confirm your commitment to our Reading Revolution at Alverton School. We are really looking forward to putting some of your ideas for reading events into practice over the coming year, so if you haven't returned yours yet please don't forget to send them back soon!

Dyslexia Awareness Week

3rd-9th October 2022

The theme this year will allow us to reflect on the barriers that those living with dyslexia often face, while also focusing on how individuals, organisations and the education system have continued to succeed and break through these obstacles.

In classes children will be discussing how we learn differently and how important it is to have a positive mindset. We will also be looking at people who have been successful and how they achieved their success.





Cornwall Partnership NHS Foundation Trust

The Trust has its own Out of Hours telephone support provided by Support Matters Cornwall. This service operates from 5pm to 9am on weekdays and 24 hours a day at weekends and bank holidays. The service is open to all patients (aged 16+) under the care of the Trust's mental health services. Support can be delivered over the telephone, via text, email or web chat. Call free on **0800 001 4330**.



Family
Line

0808 802 6666

ChildLine

0800 1111



0300 123 3393

www.mind.org.uk



for better mental health

Download this image onto your phone for **when you might need help**



Samaritans: 24h
Emotional support to anyone in distress, struggling to cope, or at risk of suicide.

116 123

Shout: 24h
Text service, free on all major networks, for anyone in crisis anytime, anywhere.

• If you're over 18, text the word **SHOUT**

• Under 18s, text **YM**

Text: **85258**

Cornwall's 24/7 NHS mental health support

Call for free, any time day or night if you are worried about your own or someone else's mental health. The team behind the 24/7 open access telephone service will listen to you and determine how best to help

0800 038 5300

Valued Lives:

Supports people who are experiencing mental or emotional distress in Cornwall. Every day, 5.30pm - midnight.

01209 901438

If you, or someone else, is in immediate danger call **999**



www.cornwall.gov.uk/mentalhealth

If you're worried about a child:

0808 800 5000

help@nspcc.org.uk

www.nspcc.org.uk

Penzance CTIPA Foodbank

The CTIPA Foodbank in Penzance provides food for anyone in need. If their support would be helpful to you, just phone Veryan or Adele in the office in confidence on 01736 364087 and they can phone the Foodbank for you who will be able to help.

The Foodbank are extremely busy at the moment and are very grateful for any donations.

citizens
advice

0344 411 1444

ON YOUR SIDE
NO MATTER WHAT

0800 58 58 58

THECALMZONE.NET/WEBCHAT

5PM-MIDNIGHT | FREE | CONFIDENTIAL | ANONYMOUS

CAMPAIGN
AGAINST
LIVING
MISERABLY
CALM

"It's alright to ask for help"

SAMARITANS

116 123

NATIONAL DOMESTIC
VIOLENCE HELPLINE
0808 2000 247
24/7 CONFIDENTIAL
FREEPHONE

AT HOME
SHOULDN'T
MEAN
AT RISK

#YOUARENOTALONE

FIND SUPPORT AT:
gov.uk/domestic-violence

WCWAid

West Cornwall Women's Aid

01736 367539

https://www.wcwaid.co.uk/helpline

What Parents & Carers Need to Know about

REDDIT

R/FUNNY

R/TRENDING

AGE RATING

13+

WHAT ARE THE RISKS?

Reddit describes itself as a social news website where users connect and share stories, opinions and support; debate issues; ask questions; and chat to people with similar interests. Discussion topics are organised into communities (known as subreddits) that are created, run and populated by users, who remain anonymous throughout. Free speech is encouraged, and users – or ‘redditors’ – can vote posts ‘up’ or ‘down’ so they get more (or less) attention. Reddit is free to join, although signing up to Reddit Premium unlocks an advert-free version of the platform.

MINIMAL MODERATION

As sharing opinions on Reddit is easy (and anonymous), offensive or age-inappropriate content is frequently posted. Moderation by admins and bots does occur, but can't cover every community – so Reddit relies on users voluntarily moderating these spaces. Subreddits marked NSFW (‘not safe for work’) can contain anything from profanity to pornography, so are not suitable for under 18s.

HARASSMENT AND TROLLING

If someone on Reddit doesn't agree with your child's opinion, they may feel compelled to say so – in no uncertain terms. This could lead to a public bombardment of hurtful messages. Likewise, Reddit users are highly likely to encounter trolling (where someone posts a deliberately inflammatory comment to provoke a reaction) on the platform, which can be distressing.

FAKE NEWS

Absolutely anyone can post a story on Reddit, so sub-reddits are occasionally prone to bias, misinformation and opinions being repeated as if they are facts. Fake news articles often grab users' attention with catchy or controversial headlines, and Reddit is no exception. It's important that young people are able to identify fake news – and disregard it rather than sharing it.

GIFTING AND SPENDING

Users can gift awards to the authors of posts that they like (thereby encouraging their favourite redditors to keep contributing) by spending Reddit Coins. This virtual currency can be bought on demand (with real money) or received as part of the paid-for premium package. Users sending a gift can also leave an anonymous private message, a feature which has been abused by groomers.

'SUPPORTIVE' STRANGERS

By definition, Reddit users interact with strangers in public through their community – but also have the option to do so privately. Groomers could repeatedly up-vote a child's comments or respond encouragingly to their posts to win their trust. Once they've built a rapport, the predator then begins messaging the child in private to obtain personal details or try to lure them into meeting in person.

NEVER-ENDING NOTIFICATIONS

Reddit's default is for all notifications to be on. There are a total of 26 types of notification on the platform, ranging from chat messages and comments to updates and mentions of username. This would lead to a child's device being pinged almost constantly with alerts, frequently causing them to be distracted by incoming notifications rather than being present in the moment.

Advice for Parents & Carers

SORT THE SETTINGS

Reddit's user settings can help ensure that minors don't view adult material. Under the 'Feed Settings' tab, switch the Adult Content toggle to 'off', and enable Safe Browsing Mode (this blurs out any explicit images). Also in settings, you can turn off all unnecessary notifications, to prevent your child being distracted by every post or comment on Reddit, allowing them some tech-free time.

RISE ABOVE IT

If a person says something critical or offensive to your child on Reddit, it's natural that they'll want to respond. Explain to them, however, that is exactly the reaction that trolls look for. Don't give them the satisfaction; instead, report the comment to Reddit Support for investigation. Blocking a user stops them from messaging or following your child on the platform.

ENCOURAGE CRITICAL THINKING

It can often be difficult to tell if something online is real or fake – particularly for young people. It's important to encourage your child to double-check with reputable sources if what they've read is genuine. Remind them to consider what motives might be in the message – and to watch out for scams. Chatting about this regularly helps to develop critical thinking skills and good online habits.

AVOID PRIVATE MESSAGING

Through their Reddit profile, young people can control who's able to message them privately – with options including 'no-one' and 'accounts older than 30 days'. These controls help ensure potential groomers can't talk to your child in private, and that Reddit's admins and other users will be able to moderate and report anything they spot which causes them concern.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant at BCyberAware. She has developed and implemented anti-bullying and cyber safety workshops and policies for schools in Australia and the UK. Claire has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviours of young people in the UK, USA and Australia.



National Online Safety®

#WakeUpWednesday

Sources: <https://www.redditinc.com/policies/terms-of-agreement> (september-02-2021#EEA) | <https://www.redditinc.com/policies/privacy-policy>



www.nationalonlinesafety.com



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 21.09.2022

There is a lot of help and advice available to help you keep your children safe online. Have a look at the Online Safety section of our website for lots of useful information and links http://www.alverton.org.uk/website/online_safety_for_families/246722. Your child's teacher will also always be happy to talk to you about online safety.

The
deadline for
applications is
**31 October
2022**

Transfer to secondary school

September 2023

Applying for a place in year seven at a secondary school

Information and guidance

Website and application form: www.cornwall.gov.uk/admissions

Email: schooladmissions@cornwall.gov.uk

Post: School Admissions Team, County Hall, Truro, TR1 3AY

Telephone: 0300 1234 101

Need help with your application?

Contact the Family Information Service on 0800 587 8191



Absence from school

If your child is unwell or will not be attending school it is your responsibility to contact the school on the first day of absence no later than 9.30am (there is an answering machine if you wish to leave a message before 8am). If we have not heard from you by this time we will need to telephone home to ascertain the nature of your child's absence. This is in line with the Government's policy on attendance. Please note that any child who is ill with sickness or an upset stomach should remain away from school for 48 hours after the last episode of illness.

The
deadline for
applications is
**15 January
2023**

Starting school September 2023

Applying for a place in a reception class for children born between 1 September 2018 and 31 August 2019

Attending a nursery or pre-school

You will need to apply even if your child attends a school's nursery or pre-school class. Please note that if a school is oversubscribed the fact that a child attends a school's nursery or pre-school, or a local nursery or pre-school, does not automatically guarantee a place at that school. The school's oversubscription criteria will be used to allocate places. Visit our website or contact us for more information.

Information and guidance

Website and application form: www.cornwall.gov.uk/admissions

Email: schooladmissions@cornwall.gov.uk

Post: School Admissions Team, County Hall, Truro, TR1 3AY

Telephone: 0300 1234 101

Need help with your application?

Contact the Family Information Service on 0800 587 8191



HOME START

Kernow

Volunteer with us!

Home-Start Kernow are looking for volunteers support families with children under 5 in your area.

Contact us to find out more:

E: info@homestartkernow.org.uk

T: 01209 214490



Free School Meals / Pupil Premium

<https://www.cornwall.gov.uk/schools-and-education/schools-and-colleges/school-meals/>

Registering a child as eligible for free school meals (as described below) means that your child receives a free meal every day (though they can, of course, bring a packed lunch should they prefer) but there are additional benefits too. Pupil Premium brings more money into the school to help children achieve and learn. Children in receipt of the Pupil Premium also receive other benefits (eg contributions towards Key Stage 2 camps and funding to use for uniform, music lessons, trips etc). At some times, there are further benefits for these children such as food vouchers during holiday times where these are given. Please see the Pupil Premium Provision Map in the Pupil Premium section of our website http://www.alverton.org.uk/website/pupil_premium/172518 or speak to Mrs Gill or Mrs Stacey in the office or contact Mrs Wicks who leads our Pupil Premium provision.

The easiest and quickest way to apply for free school meals is online through the Cornwall Council website but, if you are unable to do this, you can call the Free School Meals team on 01872 323298 and a member of the team will call you back to complete the application over the phone.

A child is eligible for free school meals if their parent / carer (or the child themselves) receives any of the following benefits:

- Income Support (IS)
- Job Seekers' Allowance (Income-Based) and equal based Job Seekers Allowance
- Income Related Employment and Support Allowance (ESA-IR) and equal based Employment and Support Allowance
- Child Tax Credit (CTC) with an annual income of less than £16,190
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Guarantee Element of Pension Credit (GPC)
- Immigration and Asylum Act 1999 (IAA) Support
- Universal Credit - your household income must be less than £7,400 a year (after tax and not including any benefits you get) as assessed by earnings from up to three of your most recent assessment periods

If you are claiming the benefits listed below you are NOT eligible for free school meals, regardless of what other benefits / credits are being claimed:






- Working Tax Credit
- Contribution-Based Job Seeker's Allowance and / or Contribution-Based Employment and Support Allowance

NB All Reception, Year 1 and Year 2 pupils are entitled to receive a free school meal as part of the Universal Infant Free School Meals (UIFSM) initiative, regardless of what benefits are being claimed. However, some children in Reception, Year 1 and Year 2 may also have an entitlement to benefits-related free school meals and it is important to apply for these if you think your child may be eligible.

Registering for free school meals / Pupil Premium is confidential. If you think that your child is eligible, we strongly recommend that you contact Cornwall Council as detailed above. Mrs Gill and Mrs Stacey in the office will also be able to help you and answer any questions you may have.

Thank you.

STARS OF THE WEEK

	Kittiwakes	Georgie	for being so creative & imaginative in your learning
	Curlews	Rosa	for looking after lots of friends, you are really kind
	Puffins	Wibur	for his fabulous attitude to Year 1 & his learning
	Owls	Layton	for being an absolutely delightful member of our class
	Kingfishers	Isaac	for super listening skills & always trying his best
	Trencrom	Kaden	for setting a wonderful example & being kind to others
	Lanyon	Amelia	for always having beautiful manners. You're a delight to have in the classroom
	Kerris	Finley	for his excellent writing this week & always working hard
	Bodrifty	Elowen	for making a fantastic start to UKS2, working really hard
	Bosigran	Seth	for having a fabulous start to Year 6 & working exceptionally hard
	Kenidjack	Susie	for amazing story-writing this week
	Lunchtime Star	Ella	for always being so polite & well mannered

Please tell me I'm not the only one out there who's shattered by Friday! The term has started really well and I'm delighted to be in school after the summer holidays, but there are times when I feel, if I'm being very honest, a little overwhelmed/exhausted. I'm also incredibly lucky, and I know I've said this before, but it's true - I can go home and offload/share/moan/weep with family and friends. I know I've said this before too, but I do mean it, I'm a good listener and if you want to share with me I will feel privileged and respectful of your needs and wishes. I am, you know, here for you. Listening will never overload me, because I feel really strongly that we all need to be there for each other. Maybe one day you will be there for me, who knows. My very best wishes, Mrs Daylak

Diary Dates

11th Oct	Harvest Festival at 9.30am
17th - 19th Oct	Year 1-6 Parent teacher meetings. Some clubs cancelled
24th-28th Oct	Half term holiday

After School provision

Mr T is continuing to run after school childcare every evening until 5.15pm. He now works for DT Sports Coaching but the arrangements remain the same. Please see the attached letter and form for more information. To contact him please ring 07843 126833 or email clubs@dtcoaching.co.uk



**PENZANCE
COUNCIL**



THE GREAT BIG GREEN WEEK

- Event Name** Tree Bingo
- Event Location** Penlee Park, Penzance
- Event Date** Saturday 24 September - Saturday 1 October 2022
- More Info** Pick up your free Tree Bingo sheet from Penlee House Gallery & Museum (Open Monday - Saturday, 10am - 5pm)



Can you help Cyril the Squirrel find the right trees?

minack
theatre

**3 VILLAGES
YOUTH
PROJECT**

The Centre, Newlyn.

Mondays 4-5pm

For children in school years 3-6

Starts Monday 24th September

Take part in different arts activities each week

Email education@minack.com for more information or just Turn up...

IT'S FREE!!!



NEXUS

HOME OF THE GIFTED PROGRAMME

OPEN EVENING

THURSDAY 13 OCTOBER



A UNIQUE PROVISION
For gifted students in years 7 to 11

NO FEES
State funded

EXCEPTIONAL RESULTS
Unrivalled education opportunities

BESPOKE CAMPUS
Next to Camborne Railway Station, 10mins from A30

REGISTER TO ATTEND

NEXUSCSIA.CO.UK

Nexus, Trevu Rd, Camborne TR14 7AD

[f](https://www.facebook.com/nexus.csia) [i](https://www.instagram.com/nexus.csia) @nexus.csia

Annie jr

Launch Evening

Monday 26th September
7-9pm

Humphry Davy School,
Drama Room

We are looking for Children and Young People aged 8-15 to take on Principal and Ensemble roles

Annie Jr will be performed during February half term, at a location in Penzance

To book your child a space, visit:
www.minack.com/whats-on/annie-jr-launch

minack
theatre

For more information email
education@minack.com

