

## Important information about school lunches from September

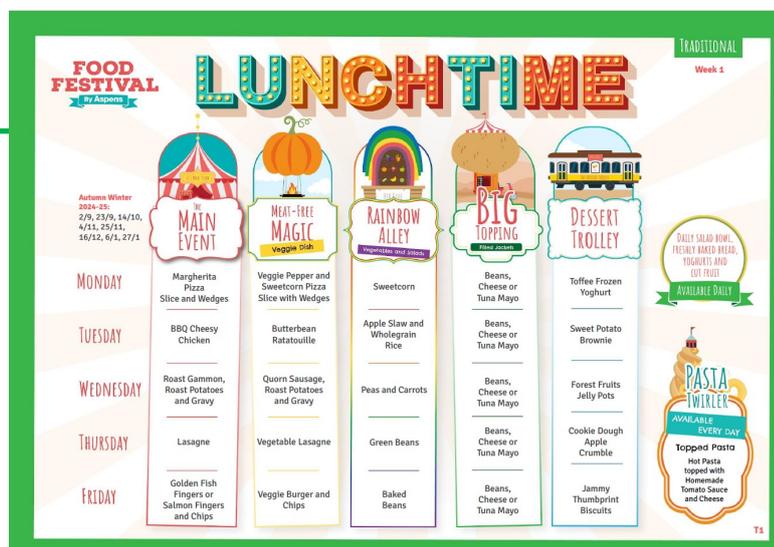
TPAT have changed catering suppliers as a Trust which means that we will have a new contractor, Aspens, from September.

The new menu from September to February half term is attached and is on the website under Parents, What's on this Term.

The cost for a lunch has not changed. It remains at £2.65 per meal.

As Chartwells contract will be ending, they have asked that ALL debts for school lunches must be paid by **Friday 19th July** at the latest. If your child is going to have lunches on the last two days of term, Monday 22nd and Tuesday 23rd July, you must pay for these **in advance** by Friday 19th July or your child will not be able to have a school meal and will have to bring in a packed lunch.

From September, we will be using the online Schoolmoney payment system to pay for school meals. There will be no cash or cheques accepted from 1st September. You will also continue to be able to pay an amount in advance if you wish, which will be taken off your total every time your child has a meal. Unfortunately, you will be unable to accrue a debt for lunches.



## Remember – safeguarding is everyone's responsibility

If you have a safeguarding concern, please contact Laura Simpson (Designated Safeguarding Lead) at

[lsimpson@alverton.tpacademytrust.org](mailto:lsimpson@alverton.tpacademytrust.org) or,

if it is out of school hours, please contact the Multi Agency Referral Unit on 0300 1231 116;

E-mail:

[multiagencyreferralunit@cornwall.gov.uk](mailto:multiagencyreferralunit@cornwall.gov.uk)

## Outstanding money owed

At present there are a sizeable number of debts owing for breakfast club, after school child care, trips, swimming and lunches. TPAT cannot allow any debt to be carried over to September and certainly none for anyone leaving the school.

Please ensure that any money owed for any outstanding amounts are paid by **Friday 19th July** at the latest. Please check your Schoolmoney account to see if you owe anything. All debts for lunches and for lunches on 22nd and 23rd July must be paid to Chartwells by **Friday 19th July**.

## THIS IS OUR

## HELP YOUR SHELF

### How it Works

It's all **free**.

**Take what you need, whenever you need it.**



**No Questions Asked – No Judgements Made**

**Give what you can if you would like to.**

## Donations wanted

Our Help Your Shelf is looking rather bare. If you are able to bring in any non-perishable food items, cleaning products or toiletries, we would be very grateful. These will all go to helping our families and community. Thank you very much.

## Library and class books

Please check at home and hand back all school library books and any class reading books as soon as possible.

## Clubs

All clubs have now finished for this year. A new list will come home in September.

## FOAS Summer Fair

Friday 12th July from 3.15pm

Raffle tickets have now come home and we would be very grateful if you could sell these to family and friends or buy them yourself. Please ask at the office if you'd like more books and return the stubs with money as soon as possible. More details about the wonderful prizes are on the next page.

If you can donate any good quality raffle prizes please drop them into the office. Cakes will also be needed for the cake stall on the day itself. Thank you very much.

Wristbands are now on sale at the office (£2.50 cash please). These allow the children to take part in all the activities for free.

**NEXT  
FRIDAY!**





archie browns



Penzance



Mackerel Sky  
SEAFOOD BAR & SHACK



MINACK  
THEATRE



Rising Embers  
SAUNA



VINEYARD & ORCHARD  
PENZANCE • CORNWALL



The Granary  
PENZANCE



A huge thank you to these local businesses for kindly donating prizes for our Summer Fair Raffle! Look out for the raffle tickets coming home soon!

Minack Theatre voucher for 2  
theatre tickets

Merlin cinema 4 tickets & 25%  
off restaurant voucher

Tinners lunch voucher for 2

Leswidden Builders- posh  
watering can

Bang Bang club- 2 tickets

Polgoon Vineyard tour

Rising Embers sauna for 2 for  
an hour

Ebb&Flow voucher

Duke Street tea coffee & cake  
for 2

Happy Dais Vintage voucher

The Weigh Inn- jar of sweets

Jubilee pool voucher

Waterside Meadery voucher

Archie Browns voucher

Mackerel sky voucher

Honeypot voucher

45 Queens street voucher

Porthcurno telegraph museum

family pass

Mermaid Alley voucher

The Granary two x £10 vouchers

Tescos Hamper

**More prizes to be added...**



## Cornwall Partnership NHS Foundation Trust

The Trust has its own Out of Hours telephone support provided by Support Matters Cornwall. This service operates from 5pm to 9am on weekdays and 24 hours a day at weekends and bank holidays. The service is open to all patients (aged 16+) under the care of the Trust's mental health services. Support can be delivered over the telephone, via text, email or web chat. Call free on **0800 001 4330**.



Family  
Line

0808 802 6666

ChildLine

0800 1111



0300 123 3393

www.mind.org.uk



for better mental health

Download this image onto your phone for **when you might need help**



**Samaritans:** 24h  
Emotional support to anyone in distress, struggling to cope, or at risk of suicide.

116 123

**Shout:** 24h  
Text service, free on all major networks, for anyone in crisis anytime, anywhere.

• If you're over 18, text the word **SHOUT**

• Under 18s, text **YM**

Text: **85258**

### Cornwall's 24/7 NHS mental health support

Call for free, any time day or night if you are worried about your own or someone else's mental health. The team behind the 24/7 open access telephone service will listen to you and determine how best to help

0800 038 5300

### Valued Lives:

Supports people who are experiencing mental or emotional distress in Cornwall. Every day, 5.30pm - midnight.

01209 901438

If you, or someone else, is in immediate danger call **999**



www.cornwall.gov.uk/mentalhealth

If you're worried about a child:

0808 800 5000

help@nspcc.org.uk

www.nspcc.org.uk

### Penzance CTIPA Foodbank

The CTIPA Foodbank in Penzance provides food for anyone in need. If their support would be helpful to you, just phone Veryan or Adele in the office in confidence on 01736 364087 and they can phone the Foodbank for you who will be able to help.

The Foodbank are extremely busy at the moment and are very grateful for any donations.

citizens  
advice

0344 411 1444

ON YOUR SIDE  
NO MATTER WHAT

0800 58 58 58

THECALMZONE.NET/WEBCHAT

5PM-MIDNIGHT | FREE | CONFIDENTIAL | ANONYMOUS

CAMPAIGN  
AGAINST  
LIVING  
MISERABLY  
CALM

"It's alright to ask for help"

SAMARITANS

116 123

NATIONAL DOMESTIC  
VIOLENCE HELPLINE  
0808 2000 247  
24/7 CONFIDENTIAL  
FREEPHONE

AT HOME  
SHOULDN'T  
MEAN  
AT RISK

#YOUARENOTALONE

FIND SUPPORT AT:  
gov.uk/domestic-violence

WCWAid

West Cornwall Women's Aid

01736 367539

https://www.wcwaid.co.uk/helpline

# 10 Top Tips for Parents and Educators PROMOTING A LOVE OF EARLY WRITING

Mastering writing skills at an early age can result in better literacy and communication capabilities, giving children improved prospects in their later education and career. To write meaningfully requires motivation, inspiration and fine motor skills. Children gradually come to understand that writing has meaning and that the words they write can be read back again.

## 1 MODEL WRITING HABITS

Children thrive on copying the behaviours of the adults they observe around them, so modelling writing habits to children is vital – as is helping them to grasp that writing has meaning. As many adults now write with digital tools instead of pen and paper, we'd recommend using obvious 'writing' actions so that children are less likely to misinterpret what you're doing as browsing the internet or checking your social media.

## 2 WRITE FOR A REAL PURPOSE

Adults can promote writing by involving children in its real-life purposes, such as shopping lists or letters and cards to friends and relatives. This is especially helpful before children enter the final year of the Foundation Stage, when writing becomes more structured and less spontaneous. Children increasingly use digital technology for their early writing, so it's important to recognise and value all the forms that writing might take for children at home.

## 3 CREATE THE 'WRITE' ENVIRONMENT

Where possible, providing accessible opportunities to write is beneficial for children who want to engage independently. It can help children to be fully immersed in the experience, aiding their concentration and letting them build up the amount of time they're able to focus. You could keep paper, clipboards and a range of writing tools near where children play, for example. They could also take these outside. Different materials will pique interest.

## 4 UTILISE THEIR INTERESTS

To inspire children to write and keep them motivated, following opportunities linked to their interests and play is important. They could write invitations for a tea party or a sign for a make-believe shop, for instance, or make a 'lost and found' poster for a character in a story. These opportunities can be created organically by giving children access to a variety of writing tools in the environment.

## 5 CONSIDER THE PROCESS

In terms of development, children generally learn to speak first, then build their vocabulary and develop the fine motor coordination they need to manipulate a writing instrument. All these stages are important and should be encouraged. As they grow older, the alphabet can be introduced, and you can support them to make links between the spoken language and written words.

## 6 FOCUS ON FINE MOTOR SKILLS

Before learning to form letters, children will make marks as they learn how to hold instruments like pencils or crayons. In doing this, they'll develop the dexterity and movement in their fingers that's needed for writing. You can support this by engaging in play which boosts these skills – such as threading beads, finger painting and using playdough. Giving them broader implements to hold (chunky crayons, for example) will also help.

## 7 PHASE IN PHONICS

Using phonics builds the knowledge of sounds and the skill of using letters. For young children to be able to apply what they've learned in their writing, it's important that they get lots of opportunities to playfully explore the sounds that make up words. Moving to more formal correspondences and letter identification too early can be counterproductive: nurseries should be able to advise parents on the right time to introduce this.

## 8 BUILD A POSITIVE MINDSET

In developing early writing skills, children engage in mark making, which might not accurately represent known letters and can include symbols and pictures. Praising a child's effort here promotes a positive mindset around writing: they're demonstrating that they understand it has a purpose and meaning. Ask them to share what they've written (they'll normally translate it for you!) and try to avoid correcting them too much in that specific moment.

## 9 TAKE REGULAR BREAKS

While writing and early mark making can be hugely enjoyable, children can also sometimes struggle to sit for lengthy periods of time or engage with writing fully. Regular intervals are encouraged: even making some marks or writing a few words (such as their name) is better than none. You could also factor in some movement breaks. Not forcing children to write in a particular way is key to ensuring they don't become disengaged.

## 10 LINK WRITING TO READING

As children get older, you can (while reading a story, for example) highlight particular sounds in words – perhaps starting with familiar ones like the letters in their names. You can also show the direction you're reading in (left to right in English; right to left in Arabic and so on), which will help raise their awareness. Highlighting who the author is may also encourage children to begin writing their own stories.

## Meet Our Expert

Kara Kiernan has worked in senior leadership positions (both in the UK and internationally) for 15 years, supported by an MEd in Educational Leadership. As an educational consultant, she now delivers training for a range of organisations – notably on EYFS practice and child development. Previously, Kara was head of a nursery and junior school and has also been a director of early years.



#WakeUpWednesday

The National College®

Source: See full reference list on guide page at: [nationalcollege.com/guides/love-of-early-writing](http://nationalcollege.com/guides/love-of-early-writing)

@wake\_up\_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 01.07.2024

There is a lot of help and advice available to help you keep your children safe online. Have a look at the Online Safety section of our website for lots of useful information and links [http://www.alverton.org.uk/website/online\\_safety\\_for\\_families/246722](http://www.alverton.org.uk/website/online_safety_for_families/246722). Your child's teacher will also always be happy to talk to you about online safety.

## Free School Meals / Pupil Premium

<https://www.cornwall.gov.uk/schools-and-education/schools-and-colleges/school-meals/>

Registering a child as eligible for free school meals (as described below) means that your child receives a free meal every day (though they can, of course, bring a packed lunch should they prefer) but there are additional benefits too. Pupil Premium brings more money into the school to help children achieve and learn. Children in receipt of the Pupil Premium also receive other benefits (eg contributions towards Key Stage 2 camps and funding to use for uniform, music lessons, trips etc). At some times, there are further benefits for these children such as food vouchers during holiday times where these are given. Please see the Pupil Premium Provision Map in the Pupil Premium section of our website [http://www.alverton.org.uk/website/pupil\\_premium/172518](http://www.alverton.org.uk/website/pupil_premium/172518) or speak to Mrs Gill or Mrs Stacey in the office or contact Mrs Simpson who leads our Pupil Premium provision.

The easiest and quickest way to apply for free school meals is online through the Cornwall Council website but, if you are unable to do this, you can call the Free School Meals team on 01872 323298 and a member of the team will call you back to complete the application over the phone.

A child is eligible for free school meals if their parent / carer (or the child themselves) receives any of the following benefits:

- Income Support (IS)
- Job Seekers' Allowance (Income-Based) and equal based Job Seekers Allowance
- Income Related Employment and Support Allowance (ESA-IR) and equal based Employment and Support Allowance
- Child Tax Credit (CTC) with an annual income of less than £16,190
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Guarantee Element of Pension Credit (GPC)
- Immigration and Asylum Act 1999 (IAA) Support
- Universal Credit - your household income must be less than £7,400 a year (after tax and not including any benefits you get) as assessed by earnings from up to three of your most recent assessment periods

If you are claiming the benefits listed below you are NOT eligible for free school meals, regardless of what other benefits / credits are being claimed:

- Working Tax Credit
- Contribution-Based Job Seeker's Allowance and / or Contribution-Based Employment and Support Allowance

NB All Reception, Year 1 and Year 2 pupils are entitled to receive a free school meal as part of the Universal Infant Free School Meals (UIFSM) initiative, regardless of what benefits are being claimed. However, some children in Reception, Year 1 and Year 2 may also have an entitlement to benefits-related free school meals and it is important to apply for these if you think your child may be eligible.

Registering for free school meals / Pupil Premium is confidential. If you think that your child is eligible, we strongly recommend that you contact Cornwall Council as detailed above. Mrs Gill and Mrs Stacey in the office will also be able to help you and answer any questions you may have.

Thank you.

## **We are recruiting at the Woodland Nursery!**

We are looking for a passionate, experienced, qualified (Level 2 or above) Nursery Practitioner to join our dynamic, friendly team at the Woodland Nursery, Alverton School, which is part of Truro and Penwith Academy Trust. This is a hugely rewarding role for the right person, offering great benefits while having the chance to make a real difference to children's lives.

The Nursery is open from 8am-6pm and days and hours will be discussed at interview. This role will start as soon as possible, subject to relevant checks, and is offered as maternity cover. This will include working in school holidays.

This is an exciting opportunity to join our successful, hardworking and friendly team.

The successful applicants must:

- provide a high standard of physical, emotional, social and intellectual care for children in the setting.
- give support to staff within the setting.
- work as part of a team in order to provide an enabling environment in which all individual children can play, develop and learn.
- build and maintain strong partnership working with parents to enable children's needs to be met.

When writing your application please refer to this advert and to the essential and desirable criteria detailed in the job description.

For more information or an informal chat about the role, please contact Kayla Statham, Nursery Lead on 01736 351135.

Closing date: Wednesday 17th July

Interview date: Monday 22nd July

Alverton Primary School is committed to safeguarding children and young people and the successful candidate will be required to undertake an enhanced DBS disclosure.

Please see our website <http://www.alverton.org.uk> for details about our nursery, school, including our prospectus. Our Child Protection and Safer Recruitment Policies are included in the School Policies section.

We are committed to safeguarding children and the successful applicant will be required to undertake an enhanced Disclosure and Barring Service (DBS) check, and will be assessed against the Childcare Disqualification Regulations.

**For further information, application form and how to apply please see the Vacancies page on the school website.**



## STARS OF THE WEEK

-  Little Foxes
-  Little Owls
-  Kittiwakes
-  Curlews
-  Puffins
-  Owls
-  Kingfishers
-  Tencrom
-  Lanyon
-  Kerris
-  Bodrifty
-  Bosigran
-  Kenidjack
-  Lunchtime Star

## TO BE ANNOUNCED ON MONDAY



Mazey is behind us, and I know I loved it as much as ever, but it left me feeling tired and it certainly has had the same effect on the children, many of whom have had late nights, watched fireworks, had exciting times at the fair, been bombarded with colour, sound, smells and a lot of excitement. All this on top of daily school life, which is pretty tiring anyway and even more so given that the end of the school year is approaching and they have all worked so very hard. More tearful than usual perhaps? Not sleeping as well as normal? Difficulty getting up in the mornings? Having trouble falling asleep too, given

the light evenings? And the children are struggling too. Joking aside, parenting gets harder than ever at certain times of the year and this is one of them. Still time for a cuppa - you know where I am. Mrs Daylak xxxx



## DIARY DATES

Thursday 11th July	Year 3 Activity day
Friday 12th July 3.15pm	FOAS Summer Fair
Tuesday 23rd July 1.30pm	Year 6 Leavers Assembly
Tuesday 23rd July	School closes at 3.15pm for the Summer holidays
Wednesday 24th July	INSET Day - school closed
Thursday 25th July-Monday 2nd September	Summer holidays
Tuesday 3rd September	INSET Day - school closed
Wednesday 4th September	School opens for the Autumn term

**Roo's**

### Fancy dress & craft morning

Join us at Roo's on the prom  
10am to 12pm July 13th  
for a morning of dressing up, crafting,  
and having the best time!

All dressing up and crafts will be provided  
we just please ask for a donation on the  
day to raise money for new balance bikes  
for reception class Alverton CP School

See ya soon!  
@Roo's\_ontheprom



**Cornwall Partnership**  
NHS Foundation Trust



# Wild for Wellbeing

**FREE Nature-based Family Workshops for Primary-aged Children!**

The Mental Health Support Team (MHST) in Schools are delighted to be running a series of Wellbeing Workshops for families in the Summer Holidays 2024 across the Penwith and IoS area. We will be exploring the '5 Ways To Wellbeing' through outdoor-based, creative and practical activities. These workshops are for children to attend alongside their parent/carer. There will be something for everyone!



## Dates

## Times

## Location



## Sign Up

Friday 26th July 2024

10am - 12pm

Heamoor Community  
Primary School, Penzance

Friday 26th July 2024

1pm - 3pm

Heamoor Community  
Primary School, Penzance

Wednesday 31st July 2024

10am - 12pm

Hayle Family Hub, Hayle

Wednesday 31st July 2024

1pm - 3pm

Hayle Family Hub, Hayle

Wednesday 14th August 2024

10am - 12pm

Bolitho House, Laregan Hill,  
Penzance

Wednesday 14th August 2024

1pm - 3pm

Bolitho House, Laregan Hill,  
Penzance

Thursday 15th August 2024

10am - 12pm

Klondyke Room, Carn Gwaval,  
St. Mary's, Isles of Scilly

Thursday 15th August 2024

1pm - 3pm

Klondyke Room, Carn Gwaval,  
St. Mary's, Isles of Scilly

**Important: Please only sign-up to 1 workshop!**

July Dates Sign-Up:  
<https://forms.office.com/e/LK3A3s4B6N>



Sign-Up closes on the 18th July 2024 (although spaces are limited so many close sooner). Book a space ASAP!

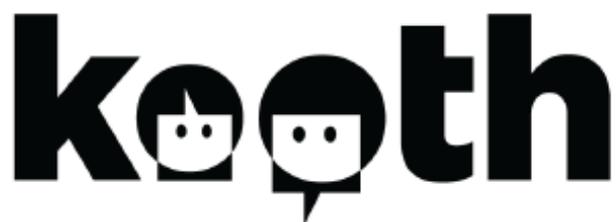
August Dates Sign-Up:  
<https://forms.office.com/e/ycezMUG9Yw>



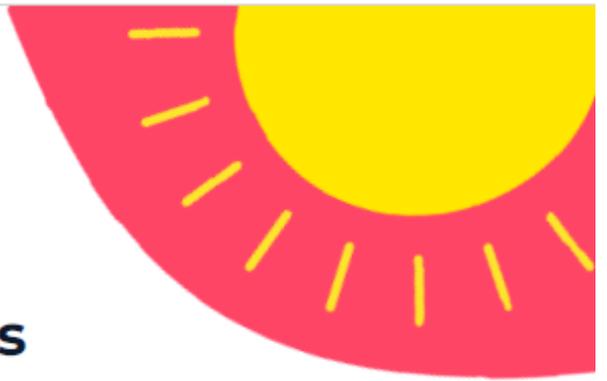
Sign-Up closes on the 5th August 2024 (although spaces are limited so many close sooner). Book a space ASAP!

Email [cft.mhschoolsteampenwithandios@nhs.net](mailto:cft.mhschoolsteampenwithandios@nhs.net), if you need help with the form!

These nature-based, creative and practical workshops for you to attend alongside your child/ren. All information must be completed for your child/ren to be considered for a place in the workshops. If you'd like further information on how your child's personal details and information will be used then ask to be put in touch with us via your school's Designated Mental Health Lead. By signing up, you are consenting to a generic note being added to your child/ren's clinical record regarding their attendance at a Wellbeing-themed workshop.



**Tours Cornwall Libraries**



**DROP IN EVENT:**

**Secondary School Transition Session  
for children going into Year 7 and their  
parents & carers**

**WHERE: Penzance Library**

**WHEN: 15th August 11am-12pm**



Find support for your mental wellbeing, no matter what's on your mind.

Visit **kooth.com** today





THE  
READING  
AGENCY

Summer Reading Challenge



# Marvellous Makers

## What is the Summer Reading Challenge?

The Summer Reading Challenge is a Summer-long challenge, to read 6 books over the course of the summer. That is book a week, and you can win prizes.

## Who Can Join In?

The challenge is for anyone of Primary School age, 4-11.

## How and when do I join in?

You can join in by signing up in your local library, starting on Saturday 6th July. (Not before!)

## What can I read?

Anything you like. You can read anything age-appropriate - graphic novels, audiobooks, storybooks.



Marvellous Makers illustrations by Natalie Quirk and logo artwork by Lizzie Everard. All © The Reading Agency 2024.

THE  
READING  
AGENCY

Summer Reading Challenge



## Penzance Library Events

Event	Age Range	Details	Date/Time
Storytime with Kate Forsyth	Any age you can enjoy a story!	In Penzance Library. Kate will be reading mythical stories.	Saturday 6th July. 11am
Dungeons and Dragons taster sessions	8+	Come on an adventure with our in-house DM Ken. Limited spaces, booking required via eventbrite	Wednesday afternoons 2-5pm
Fire engine and Police car Visits	Any age	The local Police and Fire services will be bringing vehicles and reading stories for all to enjoy.	<u>Fire engine</u> 31st July 11am <u>Police</u> 14th August 11am 13th August 11am 28th August 11am
Zine Making	5+	Come along and make a zine about anything you like- Taylor Swift, Roblox, get creative!	Tuesday 30th July 1pm-3pm
Drums4Fun	4+	Come and make some noise with Drums4Fun! We have 2 sessions, booking essential.	Monday 12th August 11am-12pm

Marvellous Makers illustrations by Natalie Quirk and logo artwork by Lizzie Everard. All © The Reading Agency 2024.

