

Support for parents

All children learn differently and need support in a variety of different ways. Listed below are some helpful cognition and learning resources and positive behaviour strategies. If you need anymore advice please speak to your child's class teacher or Mrs Hughes SENDCo.

Neurodiversity



Metacognition



ADHD

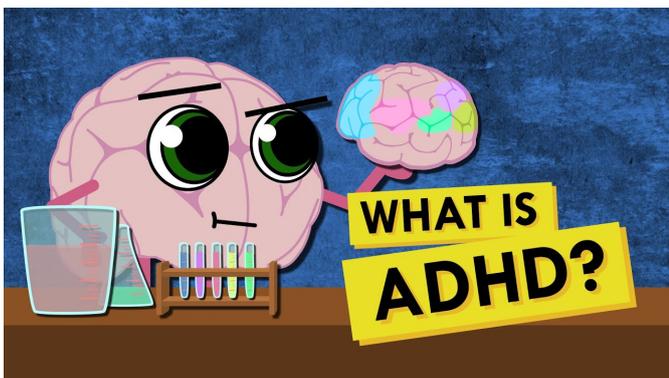
<https://adhdfoundation.org.uk/parents/>

<https://www.adhdcare.co.uk/?p=online.resources>

<https://www.youngminds.org.uk/parent/a-z-guide/adhd/>

<https://www.mind.org.uk/information-support/tips-for-everyday-living/adhd-and-mental-health/>

<https://www.nhs.uk/conditions/attention-deficit-hyperactivity-disorder-adhd/living-with/>



Dyslexia



<https://www.bdadyslexia.org.uk>

<https://www.dyslexiacornwall.org.uk/resources-useful-websites/>

Dyspraxia



<https://dyspraxiafoundation.org.uk>

Autism



<https://www.autism.org.uk>



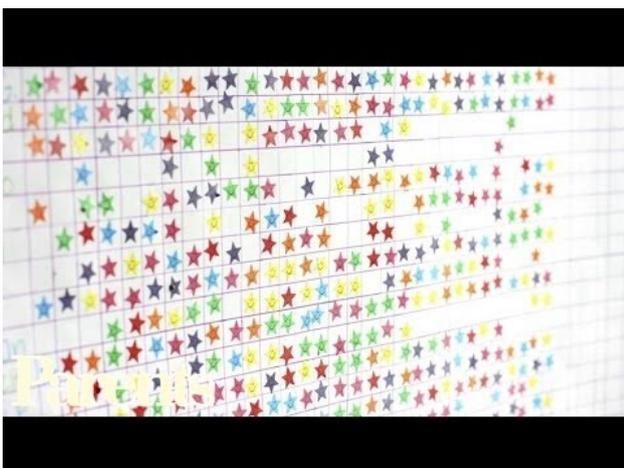
Speech and Language

<https://www.bbc.co.uk/cbeebies/grownups/speech-and-language-difficulties>

<https://www.hacw.nhs.uk/childrens-speech-and-language-resources/>

<https://www.cdc.gov/ncbddd/childdevelopment/language-disorders.html>

Positive language



https://challengingbehavior.cbcs.usf.edu/docs/backpack/BackpackConnection_emotions_language.pdf<https://www.parentcircle.com/positive-language-in-parent-child-relationship/article>



Support for you:

We all need a bit of help sometimes. Reaching out can be hard but there are many excellent support groups in the community to offer advice and support.

<https://www.cornwall.gov.uk/health-and-social-care/mental-health/>

<https://www.cornwall.gov.uk/wellbeingguides>

<https://www.nhs.uk/mental-health/>

<https://www.meandmymind.nhs.uk/getting-help/mental-health-websites/> (London based but some good ideas)

<https://cornwallmind.org>

<https://www.nhs.uk/mental-health/nhs-voluntary-charity-services/charity-and-voluntary-services/get-help-from-mental-health-helplines/#addiction-drugs-alcohol-gambling>