



Dear Parents and Carers,

It's been a very busy couple of weeks!

Mazey!

Firstly, thank you to everyone who came along and supported us at the Mazey Parade on Saturday. We looked incredible and I would like to thank again all the staff for their hard work leading up to this event, especially Mrs Petty, Miss Ching, Mrs Ashurst and Mrs Stevens (who has been inspirational!) who all worked incredibly hard and with great talent to lead the creation of our main image. Mazey is such a great community event and it was really lovely to have so many families parade with us as part of Alverton School. Some of Mr Keast's photographs from the Alverton Parade last Thursday are on the next page.

Summer Fair

As this is emailed to you, the Summer Fair will be taking place which is always a really popular event enjoyed by everyone despite the rain! Thank you to our fantastic FOAS team who are so supportive and determined to raise funds to help make your children's experiences at school even more memorable.

Parent Survey – Breakfast Club start time from September

Thank you for all your lovely comments on the recent Parent Survey – we really appreciate them. We are considering carefully the points that were raised and are pleased to let you know that, **with effect from the start of the Autumn term, Breakfast Club will start at 7.45am** in response to some parents' requests. Mrs Gill and Mrs Stacey have registration forms in the office or you can find them here <http://www.alverton.org.uk/web/breakfast-club-and-after-school-club/653995>

With trips, transition, end of year organisation, having a good tidy, getting ready for next year, meetings, training, reports and many, many other things besides, to say nothing of day-to-day lessons and activities, it's a busy time! If you see a member of staff looking a bit frazzled, maybe offer them a chair to have a rest for two minutes because they'll need it!

Best wishes,

Cathryn Wicks
Head of School



Remember – safeguarding is everyone’s responsibility

If you have a safeguarding concern, please contact Martin Higgs (Designated Safeguarding Lead) at head@alverton.tpacademytrust.org or, if it is out of school hours, please contact the Multi Agency Referral Unit on 0300 1231 116;
E-mail: multiagencyreferralunit@cornwall.gov.uk

Outstanding money owed

At present there are a sizeable number of debts owing for breakfast club, after school child care, trips, swimming and lunches. TPAT cannot allow any debt to be carried over to September and certainly none for anyone leaving the school. Please ensure that any money owed for any outstanding amounts are paid by Thursday 20th July at the latest. Please check your Schoolmoney account to see if you owe anything. All debts for lunches must be paid to Chartwells by the end of term.

Clubs

All clubs finish next week apart from **Rounders** which has already finished. A new list will come home in September.



Where has it gone? I find it hard to believe that this academic year’s almost at an end. One thing I know is that I am looking forward to the summer break, though I am fully aware that there are parents out there who don’t feel the same. It’s a long time, isn’t it? Without the structure and routine that school provides. Without also the pals that children have created. Perhaps even without the sight of other parents. It can be lonely for some of our parents. If you are really looking forward to summer, you may be aware of somebody who isn’t. Perhaps you could offer to get in touch and make some play dates. All children will benefit and parents too. Please look after each other when I cannot offer any help at all, it could make all the difference. Mrs Daylak

THIS IS OUR

HELP YOUR SHELF

How it Works

It’s all **free**.

**Take what you need,
whenever you need it.**



No Questions Asked – No Judgements Made

Give what you can if you would like to.

We currently have lots of items on our Help Your Shelf ready for collection which are free for anyone to take at any time.

If you prefer, you can buy a reusable bag for £1 and fill this with items from the shelf. Once you’ve bought your bag, you can fill it with as much as you want, as many times as you want.

Whichever way you choose, the Help Your Shelf is available all day and you can pop in at any time.

Lost property

All the un-named lost property remaining in the lost property box on 21st July will be taken to the charity shop so please come and check the box before then if you are missing something. All named items will be returned to your child. The box can be found outside the side hall door.



NHS

Cornwall Partnership
NHS Foundation Trust

Mental Health Support Team in Schools:
Parent Drop-Ins

Worry

Is your child worried? This drop-in will focus on strategies to support your child with managing their worries.

3 - 4 pm on: **Wednesday 14th June 2023**

School staff will be available to look after your school-aged child/ren who attend the school during this session.

Open to all Alverton Primary School parents.

Sleep

Is your child struggling with sleep? This drop-in will explore ideas for supporting your child with going to/staying asleep.

3 - 4 pm on: **Wednesday 21st June 2023**

School staff will be available to look after your school-aged child/ren who attend the school during this session.

Open to all Alverton Primary School parents.

Behaviour

Is your child struggling with tricky behaviour at home? This drop-in will focus on positive strategies to support your child.

3 - 4 pm on: **Wednesday 28th June 2023**

School staff will be available to look after your school-aged child/ren who attend the school during this session.

Open to all Alverton Primary School parents.

Transition to Secondary

Is your child moving to Secondary School in September? This drop-in will explore strategies for supporting your child.

3 - 4 pm on: **Wednesday 5th July 2023**

School staff will be available to look after your school-aged child/ren who attend the school during this session.

Open to Year 6 Alverton Primary School parents only!



All Drop-Ins will be held by Channon Gray our NHS Education Mental Health Practitioner (EMHP) working as part of the Mental Health Support Team in Schools (MHST). The MHST is an early intervention and prevention service.

If you have any questions about the drop-ins above, then please let your child's Class Teacher know so they can be passed on to Channon in advance.



Cornwall Partnership NHS Foundation Trust

The Trust has its own Out of Hours telephone support provided by Support Matters Cornwall. This service operates from 5pm to 9am on weekdays and 24 hours a day at weekends and bank holidays. The service is open to all patients (aged 16+) under the care of the Trust's mental health services. Support can be delivered over the telephone, via text, email or web chat. Call free on **0800 001 4330**.



Family
Line

0808 802 6666

ChildLine

0800 1111



0300 123 3393

www.mind.org.uk



for better mental health

Download this image onto your phone for **when you might need help**



Samaritans: 24h
Emotional support to anyone in distress, struggling to cope, or at risk of suicide.

116 123

Shout: 24h
Text service, free on all major networks, for anyone in crisis anytime, anywhere.

• If you're over 18, text the word **SHOUT**

• Under 18s, text **YM**

Text: **85258**

Cornwall's 24/7 NHS mental health support

Call for free, any time day or night if you are worried about your own or someone else's mental health. The team behind the 24/7 open access telephone service will listen to you and determine how best to help

0800 038 5300

Valued Lives:

Supports people who are experiencing mental or emotional distress in Cornwall. Every day, 5.30pm - midnight.

01209 901438

If you, or someone else, is in immediate danger call **999**



www.cornwall.gov.uk/mentalhealth

If you're worried about a child:

0808 800 5000

help@nspcc.org.uk

www.nspcc.org.uk

Penzance CTIPA Foodbank

The CTIPA Foodbank in Penzance provides food for anyone in need. If their support would be helpful to you, just phone Veryan or Adele in the office in confidence on 01736 364087 and they can phone the Foodbank for you who will be able to help.

The Foodbank are extremely busy at the moment and are very grateful for any donations.

citizens
advice

0344 411 1444

ON YOUR SIDE
NO MATTER WHAT

0800 58 58 58

THECALMZONE.NET/WEBCHAT

5PM-MIDNIGHT | FREE | CONFIDENTIAL | ANONYMOUS

CAMPAIGN
AGAINST
LIVING
MISERABLY
CALM

"It's alright to ask for help"

SAMARITANS

116 123

NATIONAL DOMESTIC
VIOLENCE HELPLINE
0808 2000 247
24/7 CONFIDENTIAL
FREEPHONE

AT HOME
SHOULDN'T
MEAN
AT RISK

#YOUARENOTALONE

FIND SUPPORT AT:
gov.uk/domestic-violence

WCWAid

West Cornwall Women's Aid

01736 367539

https://www.wcwaid.co.uk/helpline

What Parents & Carers Need to Know about

AGE RESTRICTION
12+

PETS

AMINO

Amino is a social media platform offering a large group of subcommunities under one digital 'roof'; it was envisaged as the online version of a convention, where fans gather to celebrate a shared interest like comic books or sci-fi, for example. While many such platforms are harmless spaces for devotees of a certain TV show or video game to congregate, there are still some aspects that trusted adults should be aware of. With a focus on sharing user-generated content, the idea of Amino is for users to communicate with like-minded individuals – but even that can create plenty of hazards.

WHAT ARE THE RISKS?

MODERATION GAPS

Amino has a 12+ classification in the App Store and a 'Teen' rating on Google Play. However, certain communities on the platform have little to no moderation in place – increasing the potential for more adult-themed content to reach young users. It's also possible to create an account without proof of age, raising the possibility of even younger children finding their way onto the platform.

UNSAFE CONTENT

The central concept behind Amino is for users to share content, then make and receive comments on these uploads. The level of anonymity that the platform offers (someone's true identity can be completely obscured behind their username, for instance) means that it would be extremely difficult to stop suggestive or outright predatory comments and messages being sent to young people.

INAPPROPRIATE IMAGES

Like most social media, Amino offers easy sharing of images. Its community guidelines state that any suggestive photos of under-18s will be removed immediately, but of course this doesn't prevent inappropriate pictures being seen by a young person. Not all of Amino's communities are rigorously moderated, so there's a chance that some unsuitable images could temporarily evade detection.

MEMBERSHIP COSTS

Amino+ is a premium membership for the platform, offering a bevy of customisation options such as stickers, 'moods' to display and an exclusive profile badge. Users can also purchase one-off cosmetic items including different styles of chat bubble or profile frames. If your child has payment methods available via their device, they could potentially make these in-app purchases without you realising.

REPEATED USAGE

As a social media app, Amino is focused on keeping its communities engaged and coming back for more. Part of this approach is encouraging people to build up 'streaks', as users are awarded 'reputation points' for logging in regularly. This type of mechanism, of course, always carries the risk of young people feeling a compulsion to repeatedly check in with the app, further increasing their screen time.

Advice for Parents & Carers

TALK ABOUT IT

If your child is old enough and chooses to download and use Amino, it's probably wise to remind them of some online safety basics – such as how not everyone in the digital world is who they claim to be, for example, or not to give out personal information online. It might also be a good idea to go into the app's settings and disable incoming chat requests from users that your child doesn't know.

STAY UPDATED

Ensure that your child knows to report any upsetting or worrying online content they might see to you. As much as possible, try to stay aware of which communities they're joining on Amino. Most of these areas are well moderated and full of innocent conversation about common interests, but on any platform of this breadth, there's always the potential for chats to veer off into potentially harmful places.

MEMBERSHIP MEDIATION

If your child asks for an Amino+ membership but you're not entirely comfortable with that, be prepared to explain your decision in depth. Young people's sense of injustice can naturally become inflamed when their friends have things that they don't. Parents of older teens, meanwhile, might actually decide to agree to the membership request but continue to monitor their child's activity on the app.

MONITOR SCREEN TIME

If you haven't already, you might want to consider setting up controls such as Family Sharing (on iOS devices) or Family Link (on Android) so, from your own device, you can keep an eye on how much screen time your child is having – and what apps they're spending it on. This can be extremely useful with regard to platforms such as Amino, which can be quite addictive and reward repeated use.

Meet Our Expert

Lloyd Coombes is Editor in Chief of gaming and esports site GORcon and has worked in the gaming media for around four years. A regular visitor to the App Store to try out new tools, he's also a parent who understands the value of online safety. Writing mainly about tech and fitness, his articles have been published on influential sites including IGN and Techradar.



NOS National Online Safety®
#WakeUpWednesday

Source: <https://www.dailirecord.co.uk/news/scottish-news/mum-horrified-after-daughter-10-18773336>



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety



@national_online_safety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 26.06.2023

There is a lot of help and advice available to help you keep your children safe online. Have a look at the Online Safety section of our website for lots of useful information and links http://www.alverton.org.uk/website/online_safety_for_families/246722. Your child's teacher will also always be happy to talk to you about online safety.

Free School Meals / Pupil Premium

<https://www.cornwall.gov.uk/schools-and-education/schools-and-colleges/school-meals/>

Registering a child as eligible for free school meals (as described below) means that your child receives a free meal every day (though they can, of course, bring a packed lunch should they prefer) but there are additional benefits too. Pupil Premium brings more money into the school to help children achieve and learn. Children in receipt of the Pupil Premium also receive other benefits (eg contributions towards Key Stage 2 camps and funding to use for uniform, music lessons, trips etc). At some times, there are further benefits for these children such as food vouchers during holiday times where these are given. Please see the Pupil Premium Provision Map in the Pupil Premium section of our website http://www.alverton.org.uk/website/pupil_premium/172518 or speak to Mrs Gill or Mrs Stacey in the office or contact Mrs O'Rourke who leads our Pupil Premium provision.

The easiest and quickest way to apply for free school meals is online through the Cornwall Council website but, if you are unable to do this, you can call the Free School Meals team on 01872 323298 and a member of the team will call you back to complete the application over the phone.

A child is eligible for free school meals if their parent / carer (or the child themselves) receives any of the following benefits:

- Income Support (IS)
- Job Seekers' Allowance (Income-Based) and equal based Job Seekers Allowance
- Income Related Employment and Support Allowance (ESA-IR) and equal based Employment and Support Allowance
- Child Tax Credit (CTC) with an annual income of less than £16,190
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Guarantee Element of Pension Credit (GPC)
- Immigration and Asylum Act 1999 (IAA) Support
- Universal Credit - your household income must be less than £7,400 a year (after tax and not including any benefits you get) as assessed by earnings from up to three of your most recent assessment periods

If you are claiming the benefits listed below you are NOT eligible for free school meals, regardless of what other benefits / credits are being claimed:

































- Working Tax Credit
- Contribution-Based Job Seeker's Allowance and / or Contribution-Based Employment and Support Allowance

NB All Reception, Year 1 and Year 2 pupils are entitled to receive a free school meal as part of the Universal Infant Free School Meals (UIFSM) initiative, regardless of what benefits are being claimed. However, some children in Reception, Year 1 and Year 2 may also have an entitlement to benefits-related free school meals and it is important to apply for these if you think your child may be eligible.

Registering for free school meals / Pupil Premium is confidential. If you think that your child is eligible, we strongly recommend that you contact Cornwall Council as detailed above. Mrs Gill and Mrs Stacey in the office will also be able to help you and answer any questions you may have.

Thank you.

STARS OF THE WEEK

																							
	Kittiwakes	Paige	for being so creative & for super writing																				
	Curlews	Nico	for being such a charming & delightful young man																				
	Puffins	Scarlett	for her creative, colourful & textured art work																				
	Owls	Hattie	for being an outstanding member of our class at all times																				
	Kingfishers	Henry	for super map work in Geography																				
	Trencrom	Jackson	for being such a wonderful individual who is always making us smile																				
	Lanyon	Marley	for working hard on his handwriting & spellings this week																				
	Kerris	Bella	for being so enthusiastic about her reading																				
	Bodrifty	Zachary	for always being so kind & helpful & giving such lovely compliments																				
	Bosigran	Henry	for his work on electricity																				
	Kenidjack	Alfred	for being immediately helpful when asked																				
	Lunchtime Star	Layla L	for being so very polite																				
																							

DIARY DATES

DIARY DATES	
Tuesday 4th July	Year 6 transition day at Humphry Davy & Mounts Bay
Wednesday 5th-Friday 7th July	Year 6 London trip
Friday 7th July	All clubs finish
Friday 21st July 1.30pm	Year 6 Leavers Assembly
Friday 21st July 3.15pm	School closes for Summer holidays
Monday 24th July	School closed - INSET Day
Tuesday 25th July	School closed - INSET Day
Wednesday 26th July-Sunday 3rd September	Summer holidays - school closed
Monday 4th September	School closed - INSET Day
Tuesday 5th September 8.30am	School opens for Autumn term

Summer Reading Challenge 2023

Ready, Set, Read!

Presented by The Reading Agency.
Delivered in partnership with libraries.



summerreadingchallenge.org.uk



Supported using public funding by
**ARTS COUNCIL
ENGLAND**

**SUMMER
READING
CHALLENGE**



**YOUTH
SPORT
TRUST**

**INSPIRING
ACTIVE
READERS**

**THE
READING
AGENCY**

SUMMER ACTIVITES

PENZANCE

DT
Sports
COACHING SERVICES

DT Coaching are back running fun activity clubs this summer holidays. From Basketball and Dodgeball to Bubble Football and Roller Skating, we've got something for everyone!

For ages
5 - 16 years

Alverton C.P School

Healthy hot lunch
provided!

8:30am - 12:30pm & 12:30pm - 4:30pm

on

Tues 29th August

Wed 30th August

Thurs 31st August

Fri 1st September

Funded for those
eligible for Free School
Meals

How to Book

Bookings are made via Playwaze
or visit the DT Coaching website: www.dtcoaching.co.uk
or contact: info@dtcoaching.co.uk



For more information about the T2M Programme contact:
Email: Time2Move.HolidayProgramme@cornwall.gov.uk
Phone: 01872 323335