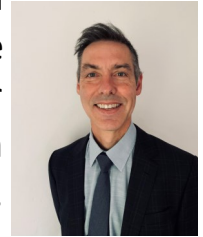


It's the end of our first term and what a fabulous term it has been. I'd like to thank everyone for making me feel so welcome and I'd also like to thank all our staff who ensure our school such a special place for children to grow. Finally, I'd like to wish everyone a peaceful half term and thank you all for being such a warm and welcoming community. Alverton Primary School is a very special place.



Simon Brown  
Headteacher

## Library books

A big thank you to all parents and children that have returned outstanding library books. If you haven't yet done so please can you have a good look around at home over half term and bring any in when we get back. Thank you.

## Photo orders

If you would like to order any photos from Hatchbox the deadline is **22nd October** for free delivery to school. Any questions, please contact them direct: [hatchboxphoto@hotmail.com](mailto:hatchboxphoto@hotmail.com)

## INSET Days - Monday 30th and Tuesday 31st October

Don't forget that school will be **CLOSED** on Monday 30th and Tuesday 31st October (the first two days back after half term) due to staff training days. Woodland Nursery and pre-school will be also **CLOSED**.

## Thank you from the Foodbank

The CTIPA Foodbank were extremely grateful for the donations of food that we took there on Monday. Here are our Ministers helping to load up the minibus. Their card said "A big thank you to all at Alverton School for your kind Harvest gifts. They are greatly appreciated by all at CTIPA Foodbank".



## Autumn Term Safeguarding Newsletter

All children have a right to be safe and we believe that keeping children safe is everyone's responsibility. Each term, we take a different focus for our Safeguarding newsletter and, this term, it provides information about keeping your children safe online. Please can we ask you to take a few minutes to read this as it is very important and we hope that you will find it informative and useful. Please follow this link and download the newsletter. [http://www.alverton.org.uk/web/safeguarding\\_newsletters\\_for\\_parents/652398](http://www.alverton.org.uk/web/safeguarding_newsletters_for_parents/652398)

### Online Risks

As you know from the Friday News and communication from school, we are seeing a growing number of children using social media sites where they can be exposed to inappropriate and unsafe content. Our newsletter this term focuses on some of the risks to children being online, particularly if unsupervised.

#### Oversharing

Children and young people can sometimes feel pressure to overshare online. Remind them that they shouldn't share private things, such as:

- personal information, like names, phone numbers, links to other social media accounts or their school
- live or frequent locations
- other people's personal information
- links to join private group chats
- photos of themselves; photos of their body

#### Sharing their location

Many apps and games give you the option to share your location. You should help children think about how and when they're sharing it. Some of the ways they may be likely to share location include:

- tagging photos with the geo-location
- checking into venues
- sharing journeys
- location settings on your child's device
- sharing images or videos that contain street names etc.

If shared publicly, their location could be seen by someone they don't know. People could find out where they live or go to school, allowing an accurate picture of their daily routine to be built up.

#### Talking to people they don't know

Some social networking sites promote connecting you to chat with people you don't know. This puts young people at risk of grooming or online forms of abuse, along with the risk of moving the conversation to other platforms or meeting up offline. You should be aware of this across all social media.

#### Obsessive focus on likes and comments

Children may be very focused on how many likes or comments their posts get, which can leave them feeling that they aren't good enough, or not as popular as someone else. Try to help them remember that likes aren't everything. Instagram has an option to turn off likes on posts to ease the pressure.



## Remember – safeguarding is everyone’s responsibility

If you have a safeguarding concern, please contact Simon Brown (Designated Safeguarding Lead) at

[sbrown@alverton.tpacademytrust.org](mailto:sbrown@alverton.tpacademytrust.org) or,

if it is out of school hours, please contact the Multi Agency Referral Unit on 0300 1231 116;

E-mail:

[multiagencyreferralunit@cornwall.gov.uk](mailto:multiagencyreferralunit@cornwall.gov.uk)

## Clubs

All clubs start again after half term and run until 1st December except Dance which has now finished. If your child would like to sign up to French club for the next 4 weeks - 6th-27th November - please contact Vicky Rouncefield at Kidslingo.

## New menu after half term

Chartwells have a new menu starting after half term on 1st November a copy of which will be attached. It can also be found on the school website under Parents, What’s on this term. Paper copies are also available from the office.

This menu will run until Easter.

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Monday	Chicken and Potato Curry	Chicken and Potato Curry	Chicken and Potato Curry	Chicken and Potato Curry	Chicken and Potato Curry
Tuesday	Chicken and Potato Curry	Chicken and Potato Curry	Chicken and Potato Curry	Chicken and Potato Curry	Chicken and Potato Curry
Wednesday	Chicken and Potato Curry	Chicken and Potato Curry	Chicken and Potato Curry	Chicken and Potato Curry	Chicken and Potato Curry
Thursday	Chicken and Potato Curry	Chicken and Potato Curry	Chicken and Potato Curry	Chicken and Potato Curry	Chicken and Potato Curry
Friday	Chicken and Potato Curry	Chicken and Potato Curry	Chicken and Potato Curry	Chicken and Potato Curry	Chicken and Potato Curry

## THIS IS OUR

## HELP YOUR SHELF

### How it Works

It’s all **free**.

**Take what you need, whenever you need it.**



**No Questions Asked – No Judgements Made**

**Give what you can if you would like to.**

We currently have lots of items on our Help Your Shelf ready for collection which are free for anyone to take at any time.

If you prefer, you can buy a reusable bag for £1 and fill this with items from the shelf. Once you’ve bought your bag, you can fill it with as much as you want, as many times as you want. Whichever way you choose, the Help Your Shelf is available all day and you can pop in at any time.

**A reminder that no dogs are allowed on the school grounds, even if they are carried. This is for health and safety reasons. Thank you for your support.**



## Found

A Minecraft watch has been handed into the office. Please come and collect it if it belongs to your child.

## Miss Mason's Magical Moments

Happy half term all! As usual I have loved being at school and noticing the changes in the weather. I have particularly enjoyed my time at Nursery where I see how much the little ones are so interested in their outside world; it makes my heart sing with joy to see them so curious and keen to get stuck in.

I have noticed that some children haven't got wellies and coats during their PE day. Because every three weeks they will be doing outdoor learning with me, please make sure your children have the correct equipment during their week so they can fully enjoy the benefit of Outdoor Learning.

On the week commencing the 30th if your child is in Kerris, Kenidjack or Bosigran they will need their coats and wellies, and if possible some joggers to keep them warm. (No KS1 PPA due to INSET Day)

Have a lovely Autumn half term. Here are some things you can do:

18th October—29th October: Eden project Halloween

21st October — 29th October: Half term fun at Trelissick

22nd October — 29th October: Half term fun at Trengwainton

27th—29th October: Heligan Halloween

20th—31st October: Rogue Theatre's 'Otherworld', Tehidy Woods

Don't forget, you can collect free trees from Morrab Library on Friday 27th October. If you collect any spares the school would be grateful for any that you could give! Have a lovely half term, Miss Mason xx

## FOAS Halloween Disco - Thursday 2nd November

FOAS are holding a Halloween Disco on **Thursday 2nd November** (the first Thursday back after half term). Times are as follows:

**Reception and Key Stage 1 4.30-5.30pm**

**Key Stage 2 6-7pm**

The cost is £1.50 to include a drink. All proceeds raised will go to FOAS funds. Fancy dress optional but please remember that young children may be scared by some costumes.

Volunteers are needed to run the event. Please let Veryan or Adele in the office know if you will be able to help. Thank you.





## Cornwall Partnership NHS Foundation Trust

The Trust has its own Out of Hours telephone support provided by Support Matters Cornwall. This service operates from 5pm to 9am on weekdays and 24 hours a day at weekends and bank holidays. The service is open to all patients (aged 16+) under the care of the Trust's mental health services. Support can be delivered over the telephone, via text, email or web chat. Call free on **0800 001 4330**.



Family  
Line

0808 802 6666

ChildLine

0800 1111



0300 123 3393

www.mind.org.uk



for better mental health

Download this image onto your phone for **when you might need help**



**Samaritans:** 24h  
Emotional support to anyone in distress, struggling to cope, or at risk of suicide.

116 123

**Shout:** 24h  
Text service, free on all major networks, for anyone in crisis anytime, anywhere.

• If you're over 18, text the word **SHOUT**

• Under 18s, text **YM**

Text: **85258**

### Cornwall's 24/7 NHS mental health support

Call for free, any time day or night if you are worried about your own or someone else's mental health. The team behind the 24/7 open access telephone service will listen to you and determine how best to help

0800 038 5300

### Valued Lives:

Supports people who are experiencing mental or emotional distress in Cornwall. Every day, 5.30pm - midnight.

01209 901438

If you, or someone else, is in immediate danger call **999**



www.cornwall.gov.uk/mentalhealth

If you're worried about a child:

0808 800 5000  
help@nspcc.org.uk  
www.nspcc.org.uk

### Penzance CTIPA Foodbank

The CTIPA Foodbank in Penzance provides food for anyone in need. If their support would be helpful to you, just phone Veryan or Adele in the office in confidence on 01736 364087 and they can phone the Foodbank for you who will be able to help.

The Foodbank are extremely busy at the moment and are very grateful for any donations.

citizens  
advice

0344 411 1444

ON YOUR SIDE  
NO MATTER WHAT

0800 58 58 58

THECALMZONE.NET/WEBCHAT

5PM-MIDNIGHT | FREE | CONFIDENTIAL | ANONYMOUS

CAMPAIGN  
AGAINST  
LIVING  
MISERABLY  
CALM

"It's alright to ask for help"

SAMARITANS

116 123

NATIONAL DOMESTIC  
VIOLENCE HELPLINE  
0808 2000 247  
24/7 CONFIDENTIAL  
FREEPHONE

AT HOME  
SHOULDN'T  
MEAN  
AT RISK

#YOUARENOTALONE

FIND SUPPORT AT:  
gov.uk/domestic-violence

WCWAid

West Cornwall Women's Aid

01736 367539

https://www.wcwaid.co.uk/helpline

# What Parents & Carers Need to Know about EA SPORTS FC 24

After two decades of holding the official FIFA licence, EA Sports' phenomenally successful football video game series has embarked on a solo run at goal. This season's iteration marks the debut appearance of a new name and branding, but don't let those fool you – EA Sports FC 24 is still a very similar proposition to last year's FIFA 23. Popular features such as Ultimate Team remain a big focus, meaning that potentially costly in-game spending is still among the line-up of risks that parents and carers should be aware of.

## WHAT ARE THE RISKS?



## RECURRING RELEASES

EA Sports FC 24 effectively picks up the FIFA template – meaning that after a year, we can expect EA Sports FC 25 to hit the shelves. Updates between versions of the FIFA franchise tended to be minor, but young fans of the game are almost certain to want the new edition in around 12 months' time, so they can keep playing with updated team kits, players and squad lists.

## OFFENSIVE VOICE CHAT

FIFA 23 introduced cross-platform play, and EA Sports FC 24 goes a step further with Clubs, Seasons and Ultimate Team cooperative modes across PlayStation 5, Xbox Series X and S, and PC. That's exciting news for youngsters who love to play with friends online – but connecting a much wider audience does potentially open lines of communication between children and far older online gamers.

## IN-GAME PURCHASES

In FIFA, Ultimate Team proved to be a profitable innovation for developers Electronic Arts (EA), and is now found in many of their other titles. Players spend in-game currency to recruit better footballers for their team, but this process can take a frustratingly long time – so young fans may be tempted to skip the grind by paying real-world cash to unlock that coveted star midfielder.

## ULTIMATE TEAM SCAMMERS

Since the mode was introduced, Ultimate Team has been a target of scammers who attempt to coax players into buying or selling outside the terms of service from EA and console manufacturers. This shady practice can lead to accounts being banned and in-game items being lost. In some cases, young gamers have also been hoodwinked into handing over their payment details to the fraudsters.

## POTENTIAL FOR ADDICTION

Just like real-life football, EA Sports FC 24 offers a thrilling, dynamic blend of tactical awareness and skill that fans find absolutely engrossing. Among younger players in particular, this could lead to identifiers of a gaming disorder as they plead for "just one more game" before bedtime or spend practically all weekend playing more matches to earn additional Ultimate Team packs.

## Advice for Parents & Carers

### CONTROL SPENDING

If your child enjoys Ultimate Team mode, check that your payment details aren't linked to their account. Bundles of FC Points (the game's currency) start at just £1, so multiple payments can easily slip under the radar. You could consider setting your child an in-game allowance, perhaps through a prepaid card, which will help them to realise that online spending has a real-world effect.

### DEFEND AGAINST SCAMMERS

EA does contact players via email (although not to ask for usernames or passwords, so watch out for that scam tactic), but never through the game itself – so be wary of incoming messages and consider blocking and reporting suspected spam. Your child should avoid buying coins (the in-game currency) from external sites; it could end with them losing their money and being banned from the game.

### AVOID EXTRA TIME

Many parents of young football-oriented gamers worry about their child playing too much EA Sports FC. There's now also a companion mobile app, which can also often provide another indicator that a child is struggling to disengage from the game. You could initiate discussions around set hours of play – or take stronger action by utilising the parental controls on their console or phone.

### SHOW TOXIC CHAT THE RED CARD

Playing EA Sports FC 24 with friends is highly enjoyable, but if competitive types start to turn toxic online, it can ruin everyone's fun. You could occasionally listen in on the voice chat of your child's game for any warning signs that things may be about to boil over. This goes double when playing online with strangers: voice contact with unknown players can be turned off in the game's settings.

### CELEBRATE THE VARIETY

Ultimate Team may be the game's 'star player', but there's plenty more to do in EA Sports FC 24 – including modes which allow access to all of football's big names without needing to spend money on packs to unlock them. This new version of the game includes even more women's teams, marking another step forward in representation: an important subject to discuss and celebrate with children.

## Meet Our Expert

Lloyd Coombes is Editor in Chief of gaming and esports site GGRecon and has worked in the gaming media for around four years. Always eager to test out the latest apps, games and online trends, he's also a parent who understands the importance of online safety. Writing mainly about tech and fitness, his articles have been published on influential sites including IGN and TechRadar.



Sources: <https://www.windowscentral.com/youngster-spends-over-8000-fifa-box-highlighting-predatory-game-design-ee/> <https://www.who.int/news-room/questions-and-answers/item/addictive-behaviours-gaming-disorder/> <https://www.eurogamer.net/18-european-council-as-calls-for-better-regulation-of-foot-boxes-following-new-report>

@natonlinesafety

/NationalOnlineSafety

@nationalonlinesafety

@national\_online\_safety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 18.10.2023

There is a lot of help and advice available to help you keep your children safe online. Have a look at the Online Safety section of our website for lots of useful information and links [http://www.alverton.org.uk/website/online\\_safety\\_for\\_families/246722](http://www.alverton.org.uk/website/online_safety_for_families/246722). Your child's teacher will also always be happy to talk to you about online safety.

## Free School Meals / Pupil Premium

<https://www.cornwall.gov.uk/schools-and-education/schools-and-colleges/school-meals/>

Registering a child as eligible for free school meals (as described below) means that your child receives a free meal every day (though they can, of course, bring a packed lunch should they prefer) but there are additional benefits too. Pupil Premium brings more money into the school to help children achieve and learn. Children in receipt of the Pupil Premium also receive other benefits (eg contributions towards Key Stage 2 camps and funding to use for uniform, music lessons, trips etc). At some times, there are further benefits for these children such as food vouchers during holiday times where these are given. Please see the Pupil Premium Provision Map in the Pupil Premium section of our website [http://www.alverton.org.uk/website/pupil\\_premium/172518](http://www.alverton.org.uk/website/pupil_premium/172518) or speak to Mrs Gill or Mrs Stacey in the office or contact Mrs Simpson who leads our Pupil Premium provision.

The easiest and quickest way to apply for free school meals is online through the Cornwall Council website but, if you are unable to do this, you can call the Free School Meals team on 01872 323298 and a member of the team will call you back to complete the application over the phone.

A child is eligible for free school meals if their parent / carer (or the child themselves) receives any of the following benefits:

- Income Support (IS)
- Job Seekers' Allowance (Income-Based) and equal based Job Seekers Allowance
- Income Related Employment and Support Allowance (ESA-IR) and equal based Employment and Support Allowance
- Child Tax Credit (CTC) with an annual income of less than £16,190
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Guarantee Element of Pension Credit (GPC)
- Immigration and Asylum Act 1999 (IAA) Support
- Universal Credit - your household income must be less than £7,400 a year (after tax and not including any benefits you get) as assessed by earnings from up to three of your most recent assessment periods

If you are claiming the benefits listed below you are NOT eligible for free school meals, regardless of what other benefits / credits are being claimed:

- Working Tax Credit
- Contribution-Based Job Seeker's Allowance and / or Contribution-Based Employment and Support Allowance

NB All Reception, Year 1 and Year 2 pupils are entitled to receive a free school meal as part of the Universal Infant Free School Meals (UIFSM) initiative, regardless of what benefits are being claimed. However, some children in Reception, Year 1 and Year 2 may also have an entitlement to benefits-related free school meals and it is important to apply for these if you think your child may be eligible.

Registering for free school meals / Pupil Premium is confidential. If you think that your child is eligible, we strongly recommend that you contact Cornwall Council as detailed above. Mrs Gill and Mrs Stacey in the office will also be able to help you and answer any questions you may have.

Thank you.

## STARS OF THE WEEK

<p>★ Little Foxes</p> <p>★ Little Owls</p> <p>★ Kittiwakes</p> <p>★ Curlews</p> <p>★ Puffins</p> <p>★ Owls</p> <p>★ Kingfishers</p> <p>★ Trencrom</p> <p>★ Lanyon</p> <p>★ Kerris</p> <p>★ Bodrifty</p> <p>★ Bosigran</p> <p>★ Kenidjack</p> <p>★ Lunchtime Star</p>	<p>Erin</p> <p>Aria</p> <p>Zac</p> <p>Elliot</p> <p>River</p> <p>Alora</p> <p>Rowan</p> <p>Ruby</p> <p>Emily</p> <p>Analise</p> <p>Lola</p> <p>Jacob</p> <p>Evie</p> <p>Isaac A</p>	<p>for sharing your great character &amp; personality with us all</p> <p>for your super listening &amp; enthusiasm during our fire pit session</p> <p>for being an all-round superstar, always making the right choices</p> <p>for being an all-round superstar - always making exactly the right choice</p> <p>for being an absolute superstar in everything she does</p> <p>for being a fabulously fantastic phonics superstar</p> <p>for his amazing writing about Ibn Battuta</p> <p>for working hard, sharing great ideas &amp; always so helpful to others</p> <p>for excellent work in English &amp; for having an amazing start to Lanyon</p> <p>for always working hard &amp; being a pleasure to have in our class</p> <p>for fantastic effort &amp; achievement in Maths this week</p> <p>for always giving 100% effort &amp; great participation in Y5 Life Skills day</p> <p>for an amazing first half term as a Y6</p> <p>for being so cheerful &amp; well mannered</p>
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It's here. Today is the end of the very first half term which, at the start of September, seemed such a long way ahead. But now it's upon us. And not far around the corner are some lovely events, all autumnal and wintery - bonfires, sparklers, pumpkins and, of course, the elderly gentleman clothed from head to foot in red and white, keen to bestow us all with goodies. Does that make you grimace or smile? It's going to be, for my family and friends, a time for doing together rather than buying, given the astronomical (and rising) costs of everything these days. If it worries you, come and chat. If being a parent worries you, come and chat. If anything worries you...you know the drill...come and chat xxxx Have a super half term and I look forward to seeing you all soon. Mrs Daylak xxxx

### DIARY DATES

<b>Monday 23rd-Friday 27th October</b>	Autumn half term holiday
<b>Monday 30th and Tuesday 31st October</b>	INSET Days - school closed
<b>Friday 1st December</b>	Advent Service
<b>9.30am</b>	<i>Followed by coffee and mince pies</i>