



Matilda

Our school was transformed into the terrifying Crunchem Hall this week with truly fabulous and inspirational performances from our Key Stage 2 children as they performed the show Matilda the Musical Jr.

The Years 5 and 6 Drama Club spend the year preparing for and rehearsing their production and these children have been amazing. They are an incredibly talented group who have worked exceptionally hard and their enthusiasm and commitment make the whole process a hugely enjoyable experience. They were joined in the last few weeks by the choir who were also brilliant!

This time of year always highlights just how lucky we are to have such talented, creative and dedicated staff, many of whom support us to prepare for the production beforehand and on the nights of the performances themselves both on and off the stage. We would particularly like to thank Cathy Stevens, who worked endlessly with great vision and considerable talent on all things creative.

We are extremely fortunate to have such a supportive wider school community. In particular, a very big thank you goes to Sarah and Ivor McClure. Sarah has come out of retirement again to rehearse with the children and we are so pleased to have her as the show wouldn't be the same without her. We also want to thank Ivor McClure for the many hours he puts in organising the sound system which adds a whole other level of professionalism to the children's performances.

Our annual musical production is one of the highlights of the school calendar and, every year, it engenders a huge sense of team spirit, fun and enjoyment. It also emphasises Alverton's real strengths as a whole-school community with parents, families, friends, staff and children working together to create something spectacular with the children that they will never forget.

Mr Higgs said: "This year's production of Matilda has felt particularly special for me because it is the final show I will watch as Headteacher of Alverton. I know as both a teacher and a parent that the opportunity pupils at Alverton have to be part of a performance like this is not something that happens in other schools as every aspect of the quality of our production is something you would expect to see from a dedicated theatre group rather than a school. Matilda was another example of the exceptionally high standards which are set by our children and staff. The quality of every detail of the show reflects the care and time which everyone has so selflessly invested in it. Thank you to everyone who supported it and to all those involved, particularly of course, our exceptionally talented children."

Mr Keast has taken some incredible photos which will appear on our Facebook page after half-term and will be on sale in reception.

Finally, an enormous "Well Done" to all the children – you were fantastic!

Cathryn Wicks
Head of School

Remember – safeguarding is everyone's responsibility

If you have a safeguarding concern, please contact Martin Higgs (Designated Safeguarding Lead) at head@alverton.tpacademytrust.org or, if it is out of school hours, please contact the Multi Agency Referral Unit on 0300 1231 116;
E-mail: multiagencyreferralunit@cornwall.gov.uk

Year 6 London meeting

There will be a meeting about the Year 6 trip to London on **Tuesday 6th June at 3.15pm** in Kenidjack classroom. Lots more information will be provided and you will have the chance to ask questions. Please come along if you can.

School lunches after half term

As well as two choices of hot meal, jacket potatoes and tomato pasta, Chartwells will be offering sandwiches as part of school lunches from 5th June until the end of term. The choice will be ham, cheese or tuna and your child can order this daily.



THIS IS OUR

HELP YOUR SHELF

How it Works

It's all **free**.

**Take what you need,
whenever you need it.**



No Questions Asked – No Judgements Made

Give what you can if you would like to.

We currently have lots of items on our Help Your Shelf ready for collection which are free for anyone to take at any time.

If you prefer, you can buy a reusable bag for £1 and fill this with items from the shelf. Once you've bought your bag, you can fill it with as much as you want, as many times as you want. Whichever way you choose, the Help Your Shelf is available all day and you can pop in at any time.

Summer half term holiday starts next Monday 29th June. School reopens on Monday 5th June at 8.45am.

Class photos - ordering information

Hatchbox Photography were in school yesterday taking class photos. Your child should have brought home a letter with all the information you need to order these. We have also emailed you the code and link. If you'd like free delivery to school please order by the deadline which is **Sunday 4th June**. You can still order after that date but you'll be charged postage.

FRIDAY 16 JUNE: WEAR GREEN AND BRING £1 TO SUPPORT "THE COVE" MACMILLAN SUPPORT CENTRE

On Friday 16 June, as part of the Truro and Penwith Academy Trust family of schools, we are taking part in a fundraising activity!



Fundraising: the plan!

On Friday 16 June, we are turning our school green! We want every member of our school community to ditch the uniform, donate £1 and wear as much green as they possibly can.

What are we raising money for?

The Cove Macmillan Support Centre are leading a new and innovative project in Cornwall, working across schools and the health service to share resources that will support children where there is a diagnosis of cancer.

We all know families that have been impacted in some way by cancer. We are raising funds so that every TPAT school and nursery has access to resources that could make the difference at the most challenging of times.

Our aim?

For every setting to have access to these important resources through the collective fundraising efforts of all our schools.

Clubs

All clubs restart after half term from Monday 5th June except Drama which has now finished. Year 5/6 Rounders starts on Wednesday 7th June from 3.15-4.15pm. Last one on 28th June as Mrs Harman is away on the Year 6 London trip on 5th July. Please pay again for Year 3-6 French club on Mondays if your child would like to continue.

There will be no Dance club on Friday 30th June due to the FOAS Summer Fair. There are 5 weeks left of clubs and **all will finish on Friday 7th July.**

Daisy's Diary

The chicks had their first week at school and boy was it cute! They are so tiny! They are quickly getting used to all the children. And even though they are under two weeks old they have started to grow wing feathers.

Next school year, when we come back in September, I'm not going to be at school anymore... I'm leaving! I'll still be in twice a day dropping Sonny off and saying hello to everyone every day, but I'm no longer going to be the welly lady. So in the time I have left at school I'm going to try my very best to do as much as I can to fit in all the lovely things. This week it's been rabbit and baby chicks and flat breads round the fire and playing in the woods... and I'm going to finish the top playground build and fill it with flowers and plants and toy cars. And we can have an opening party! And I will wear my wellies.





Cornwall Partnership NHS Foundation Trust

The Trust has its own Out of Hours telephone support provided by Support Matters Cornwall. This service operates from 5pm to 9am on weekdays and 24 hours a day at weekends and bank holidays. The service is open to all patients (aged 16+) under the care of the Trust's mental health services. Support can be delivered over the telephone, via text, email or web chat. Call free on **0800 001 4330**.



Family
Line

0808 802 6666

ChildLine

0800 1111



0300 123 3393

www.mind.org.uk



for better mental health

Download this image onto your phone for **when you might need help**



Samaritans: 24h
Emotional support to anyone in distress, struggling to cope, or at risk of suicide.

116 123

Shout: 24h
Text service, free on all major networks, for anyone in crisis anytime, anywhere.

• If you're over 18, text the word **SHOUT**

• Under 18s, text **YM**

Text: **85258**

Cornwall's 24/7 NHS mental health support

Call for free, any time day or night if you are worried about your own or someone else's mental health. The team behind the 24/7 open access telephone service will listen to you and determine how best to help

0800 038 5300

Valued Lives:

Supports people who are experiencing mental or emotional distress in Cornwall. Every day, 5.30pm - midnight.

01209 901438

If you, or someone else, is in immediate danger call **999**



www.cornwall.gov.uk/mentalhealth

If you're worried about a child:

0808 800 5000

help@nspcc.org.uk

www.nspcc.org.uk

Penzance CTIPA Foodbank

The CTIPA Foodbank in Penzance provides food for anyone in need. If their support would be helpful to you, just phone Veryan or Adele in the office in confidence on 01736 364087 and they can phone the Foodbank for you who will be able to help.

The Foodbank are extremely busy at the moment and are very grateful for any donations.

citizens
advice

0344 411 1444

ON YOUR SIDE
NO MATTER WHAT

0800 58 58 58

THECALMZONE.NET/WEBCHAT

5PM-MIDNIGHT | FREE | CONFIDENTIAL | ANONYMOUS

CAMPAIGN
AGAINST
LIVING
MISERABLY
CALM

"It's alright to ask for help"

SAMARITANS

116 123

NATIONAL DOMESTIC
VIOLENCE HELPLINE
0808 2000 247
24/7 CONFIDENTIAL
FREEPHONE

AT HOME
SHOULDN'T
MEAN
AT RISK

#YOUARENOTALONE

FIND SUPPORT AT:
gov.uk/domestic-violence

WCWAid

West Cornwall Women's Aid

01736 367539

https://www.wcwaid.co.uk/helpline

What Parents & Carers Need to Know about INFLUENCERS

In today's digital age, social media influencers play an increasingly significant role in shaping the opinions, interests and behaviours of our children. While many of these individuals can have a positive effect, influencer culture can also present certain risks – such as encouraging consumerism, affecting self-esteem and blurring trustworthiness. To help ensure a safe online environment for young people, it's vital to maintain open communication, set sensible boundaries, promote a healthy self-image and teach digital media literacy. Our guide delves deeper into all of these.

WHAT ARE THE RISKS?

HEIGHTENED CONSUMERISM

A major way that influencers make money is through brand partnerships and sponsored content. As a result, children who follow them may be exposed to a steady stream of advertising; this can lead to materialistic attitudes, unrealistic expectations and an increased desire to have the latest products. Many influencers have built huge brand empires around their large, impressionable following.

THE SOFT SELL

Some influencers aren't always transparent about the motivations behind their posts, blurring the lines between genuine recommendations and paid-for promotions – and young people sometimes find it difficult to distinguish authentic content from advertising. Many major social platforms have taken steps to make sponsored content and ads easier to identify, but it remains an area of concern.

PRIVACY CONCERNS

Inspired by their favourite influencers, children may start sharing more of their own lives online – which could reveal personal information or details about their daily routine. This openness can put them at risk of cyberbullying or even predatory behaviour. This is exacerbated by live streaming, which gives young people no time to consider the potential consequences of saying too much.

UNDERMINING SELF-ESTEEM

Many influencers share images and videos of themselves and their activities, which are often painstakingly curated and edited to present an idealised version of their life. Children who follow these influencers may develop distorted expectations about body image and the concept of beauty, which can potentially lead to negative self-esteem and even mental health issues.

Advice for Parents & Carers

KEEP TALKING

Chat to your child about the content they consume on social media and the influencers that they like. Encourage them to think critically about what they see and hear online, and listen to any concerns they might have. Maintaining this line of open, honest communication can help your child to make informed decisions about which individuals they follow and what content they engage with.

SET SOME BOUNDARIES

Agree age-appropriate boundaries for your child's social media use, including time limits and privacy settings (the two major operating systems on mobile devices, Android and iOS, have these controls baked in). Try to keep an eye on your child's online activity and discuss it regularly with them – including reminding them of the potential risks that can arise from following influencers.

SUPPORT A HEALTHY SELF-IMAGE

Reinforce your child's awareness that real life isn't usually as picture perfect as it may appear on social media – and how some content (particularly that of influencers) is often curated, staged or edited to look more glamorous. If possible, highlight examples of other influencers who share authentic, relatable material which acknowledges their imperfections and struggles as well.

PROMOTE MEDIA LITERACY

Talk to your child about the concepts of sponsored content, advertising and potential influencer bias. Teach them to critically evaluate the information they're presented with online and to consider the possible reasons behind content creation. This can help young people develop the skills to make healthier decisions about the influencers they choose to follow and the content they consume.

Meet Our Expert

A former director of digital learning and currently a deputy headmaster and DSL, Brendan O'Keefe's experience and expertise gives him a clear insight into how modern digital systems impact the experience of children, staff and parents – and which strategies help to ensure that the online world remains a useful educational tool rather than a minefield of risks.



NOS National Online Safety
#WakeUpWednesday

[@natonlinesafety](https://twitter.com/natonlinesafety)

[/NationalOnlineSafety](https://www.facebook.com/NationalOnlineSafety)

[@nationalonlinesafety](https://www.instagram.com/nationalonlinesafety)

[@national_online_safety](https://www.tiktok.com/@national_online_safety)

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 24.05.2023

There is a lot of help and advice available to help you keep your children safe online. Have a look at the Online Safety section of our website for lots of useful information and links http://www.alverton.org.uk/website/online_safety_for_families/246722. Your child's teacher will also always be happy to talk to you about online safety.

Free School Meals / Pupil Premium

<https://www.cornwall.gov.uk/schools-and-education/schools-and-colleges/school-meals/>

Registering a child as eligible for free school meals (as described below) means that your child receives a free meal every day (though they can, of course, bring a packed lunch should they prefer) but there are additional benefits too. Pupil Premium brings more money into the school to help children achieve and learn. Children in receipt of the Pupil Premium also receive other benefits (eg contributions towards Key Stage 2 camps and funding to use for uniform, music lessons, trips etc). At some times, there are further benefits for these children such as food vouchers during holiday times where these are given. Please see the Pupil Premium Provision Map in the Pupil Premium section of our website http://www.alverton.org.uk/website/pupil_premium/172518 or speak to Mrs Gill or Mrs Stacey in the office or contact Mrs O'Rourke who leads our Pupil Premium provision.

The easiest and quickest way to apply for free school meals is online through the Cornwall Council website but, if you are unable to do this, you can call the Free School Meals team on 01872 323298 and a member of the team will call you back to complete the application over the phone.

A child is eligible for free school meals if their parent / carer (or the child themselves) receives any of the following benefits:

- Income Support (IS)
- Job Seekers' Allowance (Income-Based) and equal based Job Seekers Allowance
- Income Related Employment and Support Allowance (ESA-IR) and equal based Employment and Support Allowance
- Child Tax Credit (CTC) with an annual income of less than £16,190
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Guarantee Element of Pension Credit (GPC)
- Immigration and Asylum Act 1999 (IAA) Support
- Universal Credit - your household income must be less than £7,400 a year (after tax and not including any benefits you get) as assessed by earnings from up to three of your most recent assessment periods

If you are claiming the benefits listed below you are NOT eligible for free school meals, regardless of what other benefits / credits are being claimed:

- Working Tax Credit
- Contribution-Based Job Seeker's Allowance and / or Contribution-Based Employment and Support Allowance

NB All Reception, Year 1 and Year 2 pupils are entitled to receive a free school meal as part of the Universal Infant Free School Meals (UIFSM) initiative, regardless of what benefits are being claimed. However, some children in Reception, Year 1 and Year 2 may also have an entitlement to benefits-related free school meals and it is important to apply for these if you think your child may be eligible.

Registering for free school meals / Pupil Premium is confidential. If you think that your child is eligible, we strongly recommend that you contact Cornwall Council as detailed above. Mrs Gill and Mrs Stacey in the office will also be able to help you and answer any questions you may have.

Thank you.

STARS OF THE WEEK

Kittiwakes	George T	for your kindness & being a great friend
Curlwews	Arty	for working so hard all the time & always trying your best
Puffins	Scarlett	for bringing in a huge pot of coins for our Wheel-a-thon
Owls	Olly	for designing a brilliant tent for a teddy
Kingfishers	Jessica AR	for being a very kind friend to others
Trencrom	Kitto	for his super attitude to all his learning
Lanyon	Kit	for being such a super singer & member of our school's show choir
Kerris	Paloma	for being a good friend & getting on with whatever is asked of her
Bodrifty	Ava	for settling in so well & always showing a great attitude to learning
Bosigran	Matilda	for always coming to school with a big smile
Kenidjack	Dusty	for being a fabulous Year 6 & a great friend. Dusty, you are a star
Lunchtime Star	Logan P	for having such a positive & productive term
	Harriett	for always having amazing manners

Well done

At the recent Penzance Hockey Club presentation evening Joe, in Bodrifty, received a medal for a successful year in the u10s team (his team were undefeated in 21 games), and another medal for his whole team becoming the best u10s boys hockey team in Cornwall.

Chloe, in Trencrom, received a medal for her dedication to the u8s team this year, and although her team didn't become the best in Cornwall they learned a lot and are well on the way to becoming champions!

Well done to them both.



Is there anybody else out there who feels utterly shattered? Apart from me? I'm so tired I feel overly emotional. And I'm hot and bothered too. But at least the half term is looming and with it, for me, is the opportunity to recharge, hang out with friends and see my family. I have some lovely things planned and I can't wait. But it's possibly easier for me, my family are grown up and utterly independent (most of the time). Half term may be a challenge for some of you, finding child care, looking after children who are out of school routine and finding things to do with them all. If that's you, and half term leaves you feeling frazzled and worn out, come and have a refreshing cuppa and a biscuit with me. I'll have all the time in the world for you, but until then, please know I will be thinking of you, and may see some of you out and about. Lots of love and best wishes, enjoy the sunshine and take care, Mrs Daylak

DIARY DATES

Monday 29th May– Friday 2nd June	Half term holiday
Monday 5th June 8.45am	Term starts
Monday 5th-Wednesday 7th June	Year 5 camp at BF Adventure, Penryn
Wednesday 7th June	Year 4 swimming starts - Group 2
Friday 9th June	Year 6 surfing - Group 1
Monday 12th June	Year 6 surfing - Group 2
Tuesday 13th June 1.30pm	EYFS Sports Day
Wednesday 14th June 1.30pm	KS1 Sports Day
Thursday 15th June 1.30pm	LKS2 Sports Day
Friday 16th June	TPAT fundraiser for Macmillan Cancer Support Wear green & bring a £1
Monday 19th June 1.30pm	UKS2 Sports Day
Thursday 22nd June 9.30am	Alverton Mazey Parade
Saturday 24th June	Mazey Day <i>Parade time TBC</i>
Friday 30th June 3.15pm	FOAS Summer Fair
Tuesday 4th July	Year 6 transition day at Humphry Davy & Mounts Bay
Wednesday 5th-Friday 7th July	Year 6 London trip

 THE BRITISH
THEATRE
ACADEMY


MINACK
THEATRE



AUDITION FOR MADAGASCAR JR!

PERFORMANCES AND
REHEARSALS AT
THE MINACK IN
OCTOBER HALF TERM

AUDITIONS AT THE
MINACK ON
SUNDAY 11TH JUNE
AGE 9 - 13

(MUST BE 9 BY 21ST OCTOBER 2023)

AUDITIONS WILL BE 1.5 HRS.
MATERIAL IS AVAILABLE ON
OUR WEBSITE

This is a partner production between the Minack and The British Theatre Academy (BTA). All auditions will be filmed and shared with the director. We require photo permission from all participants.

FOR MORE INFORMATION OR TO JOIN OUR MAILING LIST
VISIT: WWW.MINACK.COM/TAKE-PART
OR EMAIL: EDUCATION@MINACK.COM

FOOTBALL CAMPS WHITSUN HALF TERM



Date

Wednesday 31st May 2023

Soccer Tots (3-6yrs)

School Years Reception & Year 1
10am-12pm
£6

Soccer Pros (7-13yrs)

School Years 2-8
10am-3pm
£15

Venue

Mounts Bay Football Development Centre (MBFDC)
Mounts Bay Academy Sports Centre, Penzance, Cornwall, TR18 3JT

Other Info

All children are welcome to attend from any school or club
The MBFDC coaching staff are UEFA / FA qualified & DBS checked

Register

Register, pay & book online!
Visit the website for further information
Website link - www.mbfdc.co.uk

