



7/10/22

FRIDAY NEWS

N^o. 5

Dear Parents and Carers,

We have been very busy already this term as part of **Truro and Penwith Academy Trust (TPAT)**. Mr Higgs is organising an IT conference for the whole trust, and I will shortly be welcoming the Headteachers from other local schools for a visit. In addition, Mrs Simpson (EYFS), Mrs Hughes (SEND) and Mrs Harman (DT) have been taking part in meetings for their particular areas of leadership. TPAT provides great support to all its schools and we look forward to welcoming Mr Gould, the Director of Education, to Alverton before half term to share all the fantastic things going on here.

The **Friends of Alverton School (FOAS)** held their AGM yesterday and have some exciting ideas about fundraising this year. They are also on the search for new members! Please look out for more information about all of this soon.

If you have a child in Year 1 or 2, you will have noticed that our new **Music Room**, on the "Climbing Wall Playground" is really beginning to take shape! This is something that we have been working towards for a long time and we are very grateful to FOAS for their donation of £7500 towards it which has made a real difference to this project. The fundraising that FOAS do is invaluable in supporting additional experiences for your children and we would like to thank them for all their hard work in organising fundraising events and also thank you, too, for your support of these.

Don't forget that our **Harvest Festival** is next Tuesday at 9.30am. We would love to see you there and invite you all to stay afterwards for coffee and a cake. We will be collecting for the CTIPA foodbank and, if you would like to make a donation, please send this in with your child. All proceeds from the sale of coffee and cake will also go to the foodbank.

Finally, thank you to all our Reception, Year 1 and Year 2 parents who arranged for their child to have a **school dinner on Census day** yesterday. We had a higher number than usual which is great news so thank you very much.

Have a lovely weekend,

Cathryn Wicks

Remember – safeguarding is everyone’s responsibility

If you have a safeguarding concern, please contact Martin Higgs (Designated Safeguarding Lead) at

head@alverton.cornwall.sch.uk or, if it is out of school hours, please contact the Multi Agency Referral Unit on 0300 1231 116;

E-mail:

multiagencyreferralunit@cornwall.gov.uk

Flu immunisation - all years

If you would like your child immunised and haven’t yet applied, please go online by midday on Wednesday 19th October. **Your child will not be given the nasal spray without your consent so if you do not wish them to have it done, you do not need to do anything.**

Date of Visit: Friday 21st October

School Code: EE142240

Link: <https://www.kernowimmunisations.co.uk/Forms/Flu>

Tel No.: 01872 221105

Contact details

We email you lots of letters and information and send quite a few texts too so we always need an up-to-date email address and mobile number for you. Please let the office know if your contact details change.

Year 5 camp meeting

Tuesday 11th October at 3.15pm

Bodrifty classroom

If your child is interested in going to camp next June, please come along to a meeting on Tuesday 11th for more information and a chance to ask any questions you may have.

Advanced notice - club cancellations

All the following clubs will be **cancelled** in the week beginning 17th October due to parents evenings:

Monday 17th - KS2 Football

Tuesday 18th - KS1 Football

Wednesday 19th - Drama, Hockey and Baking

All other clubs will run as normal that week.

Lost property

All the lost property is put into the large chest outside the side hall door by the table tennis table. You can come at anytime at drop off or pick up to look inside for any lost or items or to take any un-named items. **The chest will be emptied at half term and all the un-named contents will be taken to the charity shop.** Please name all your child’s belongings.

Parents Evenings for Year 1-6

Booking has now opened for parent consultations (a ten minute face-to-face meeting in school) which are being held in the week beginning Monday 17th October. If you haven't yet booked your appointment time please go online and do so before the booking window closes on 5th October.



PLEASE BOOK
ONLINE NOW

You will previously have been given log in details for eschools. If you are unsure what this is, please contact the office and they will arrange for new details to be given to you. It is easy and quick to use:

- Go to the school website <http://alverton.org.uk> and click onto the log in button at the top of the screen.
- Your user name will be your first name.surname (all lower case) eg, john.smith (not your email address)
- If you have forgotten your password, please contact the office.
- Once you have logged in, the Parents Evening icon can be found in the blue bar at the top. Click on that and you'll be taken to your child's class page for you to book.

If you have had or will be having a termly review meeting during the school day on the phone or in person with Mrs Hughes and your child's class teacher, you don't need to book an appointment through the eschools system.

Reception and Year 6 school health screening

All parents of children in Reception and Year 6 should have received an email this week with a link to information about school health screening for their child. The links can also be found below. You do not need to do anything if you are happy for your child to have health screening done in school. **If you do not wish your child to take part in any or all of the health checks in school you must opt out by following the links.**

Reception Year - <https://mailchi.mp/2ac4f2cab3f4/child-health-programme-health-information-reception-22-23>

Year 6 - <https://mailchi.mp/5f334c487f43/child-health-programme-health-information-y6-22-23>

Harvest Festival

We are delighted to invite you to our first Harvest Festival since 2019 which will be held on Tuesday 11 October at 9.30am.

As part of this, we will be supporting the CTIPA foodbank in Penzance with donations from our school community. We will be collecting for the foodbank during the week beginning 10 October. They cannot distribute fresh food but anything else will be very gratefully received. Last year you were incredibly generous and we collected an enormous amount of food. This year, our help is still needed as much as ever. If you would like to help, please send in your donations with your child next week.

Thank you.

We will also be serving coffee and cake after the service and all money donated will be given to the foodbank.

We hope to see you there!





Cornwall Partnership NHS Foundation Trust

The Trust has its own Out of Hours telephone support provided by Support Matters Cornwall. This service operates from 5pm to 9am on weekdays and 24 hours a day at weekends and bank holidays. The service is open to all patients (aged 16+) under the care of the Trust's mental health services. Support can be delivered over the telephone, via text, email or web chat. Call free on **0800 001 4330**.



Family
Line

0808 802 6666



0800 1111

0300 123 3393
www.mind.org.uk
mind
for better mental health

Download this image onto your phone for **when you might need help**



Samaritans: 24h
Emotional support to anyone in distress, struggling to cope, or at risk of suicide.

116 123

Shout: 24h
Text service, free on all major networks, for anyone in crisis anytime, anywhere.

• If you're over 18, text the word **SHOUT**

• Under 18s, text **YM**

Text: **85258**

Cornwall's 24/7 NHS mental health support

Call for free, any time day or night if you are worried about your own or someone else's mental health. The team behind the 24/7 open access telephone service will listen to you and determine how best to help

0800 038 5300

Valued Lives:

Supports people who are experiencing mental or emotional distress in Cornwall. Every day, 5.30pm - midnight.

01209 901438

If you, or someone else, is in immediate danger call **999**



www.cornwall.gov.uk/mentalhealth

If you're worried about a child:

0808 800 5000
help@nspcc.org.uk
www.nspcc.org.uk

Penzance CTIPA Foodbank

The CTIPA Foodbank in Penzance provides food for anyone in need. If their support would be helpful to you, just phone Veryan or Adele in the office in confidence on 01736 364087 and they can phone the Foodbank for you who will be able to help.

The Foodbank are extremely busy at the moment and are very grateful for any donations.

citizens
advice

0344 411 1444

ON YOUR SIDE
NO MATTER WHAT

0800 58 58 58 | THECALMZONE.NET/WEBCHAT

5PM-MIDNIGHT | FREE | CONFIDENTIAL | ANONYMOUS

CAMPAIGN
AGAINST
LIVING
MISERABLY
CALM

"It's alright to ask for help"

SAMARITANS

116 123

NATIONAL DOMESTIC
VIOLENCE HELPLINE
0808 2000 247
24/7 CONFIDENTIAL
FREEPHONE

AT HOME
SHOULDN'T
MEAN
AT RISK

#YOUARENOTALONE

FIND SUPPORT AT:
gov.uk/domestic-violence

WCWAid

West Cornwall Women's Aid

01736 367539

<https://www.wcwaid.co.uk/helpline>

Children and young people are bound to spend lots more time on devices since Covid. **DON'T FEEL BAD** – lots will be schoolwork or healthy ways of catching up with friends or having fun. There are many ways to keep them safe, healthy and happy.

Don't worry about screen time; aim for screen quality

Scrolling through social media isn't the same as making a film or story, or Skyping Grandma. Use the Children's Commissioner's 'Digital Five A Day' to plan or review each day together.



Check the safety settings are turned on

Whether it's your home internet, mobile devices, consoles, apps or games, there are lots of settings to make them safer. The key ones are - can they chat to strangers, can they video chat or 'go live', are their posts public? **Internet Matters** has hundreds of guides to parental controls.



Get your children to show you their apps and games

You don't need to know all about the latest app or game, but if your child shows you what they are doing and with whom, you'll probably see if it's appropriate or not. Remember 18 games are not more advanced – they are harmful to children! For parent guides to apps, including recommendations for kidsafe apps and video platforms, search for **Common Sense Media** or **NSPCC's NetAware**. And why not download the **BBC Own It** app?



Don't try to hide news about scary things in the news

If you don't talk about it, your children might read inappropriate pages, believe scare stories or simply catastrophise in their heads. Why not watch **Newsround** together and talk about how they feel – there is guidance from **Childline** to help you.



Remind them of key online safety principles

There are too many to list, but remember human behaviour is the same online and offline. Remind your children to be a good friend, to ask for help if they are worried or if someone is mean, not to get undressed on camera and most important of all... if somebody tells them not to tell or ask for help because it's too late or they will get in trouble, **THAT'S A LIE!**

If you aren't sure, ASK!

Your school may be able to give you advice, but there are plenty of other places to ask for help as a parent or a child, whether it is advice or help to fix something. Lots of sites are listed at reporting.lgfl.net, including ones to tell your kids about (they might not want to talk to you in the first instance).



Follow the links above, visit parentsafe.lgfl.net for much more or follow us @LGfLDigiSafe on Twitter or Facebook

There is a lot of help and advice available to help you keep your children safe online. Have a look at the Online Safety section of our website for lots of useful information and links http://www.alverton.org.uk/website/online_safety_for_families/246722. Your child's teacher will also always be happy to talk to you about online safety.

Free School Meals / Pupil Premium

<https://www.cornwall.gov.uk/schools-and-education/schools-and-colleges/school-meals/>

Registering a child as eligible for free school meals (as described below) means that your child receives a free meal every day (though they can, of course, bring a packed lunch should they prefer) but there are additional benefits too. Pupil Premium brings more money into the school to help children achieve and learn. Children in receipt of the Pupil Premium also receive other benefits (eg contributions towards Key Stage 2 camps and funding to use for uniform, music lessons, trips etc). At some times, there are further benefits for these children such as food vouchers during holiday times where these are given. Please see the Pupil Premium Provision Map in the Pupil Premium section of our website http://www.alverton.org.uk/website/pupil_premium/172518 or speak to Mrs Gill or Mrs Stacey in the office or contact Mrs Wicks who leads our Pupil Premium provision.

The easiest and quickest way to apply for free school meals is online through the Cornwall Council website but, if you are unable to do this, you can call the Free School Meals team on 01872 323298 and a member of the team will call you back to complete the application over the phone.

A child is eligible for free school meals if their parent / carer (or the child themselves) receives any of the following benefits:

- Income Support (IS)
- Job Seekers' Allowance (Income-Based) and equal based Job Seekers Allowance
- Income Related Employment and Support Allowance (ESA-IR) and equal based Employment and Support Allowance
- Child Tax Credit (CTC) with an annual income of less than £16,190
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Guarantee Element of Pension Credit (GPC)
- Immigration and Asylum Act 1999 (IAA) Support
- Universal Credit - your household income must be less than £7,400 a year (after tax and not including any benefits you get) as assessed by earnings from up to three of your most recent assessment periods

If you are claiming the benefits listed below you are NOT eligible for free school meals, regardless of what other benefits / credits are being claimed:

- Working Tax Credit
- Contribution-Based Job Seeker's Allowance and / or Contribution-Based Employment and Support Allowance






NB All Reception, Year 1 and Year 2 pupils are entitled to receive a free school meal as part of the Universal Infant Free School Meals (UIFSM) initiative, regardless of what benefits are being claimed. However, some children in Reception, Year 1 and Year 2 may also have an entitlement to benefits-related free school meals and it is important to apply for these if you think your child may be eligible.


Registering for free school meals / Pupil Premium is confidential. If you think that your child is eligible, we strongly recommend that you contact Cornwall Council as detailed above. Mrs Gill and Mrs Stacey in the office will also be able to help you and answer any questions you may have.

Thank you.



STARS OF THE WEEK

	Kittiwakes	Alice A-C	for showing enthusiasm in Phonics & contributing in class discussions
	Curlews	Harrison	for always smiling as you learn & for being so creative in your own learning
	Puffins	Amy	for always listening well & working hard
	Owls	Lincoln	for showing perseverance in his writing & making super progress
	Kingfishers	Lily	for a great attitude towards her learning
	Trencrom	Joshua	for looking out for others & writing a brilliant story in English
	Lanyon	Alfred	for working so hard to write a great Stone Age story. Well done
	Kerris	Brae	for his fantastic story writing & being such a lovely member of our class
	Bodrifty	Tyler	for being such a hard working & kind member of Bodrifty
	Bosigran	Mason	for working so hard in Maths & being such a kind, polite boy
	Kenidjack	Arthur	for being such a kind & supportive Year 6 pupil. Thank you
	Lunchtime Star	Amelia S	for being such a help with the younger members of the school



Hi folks, it's Friday once more and as always I am here to let you know that, well, I'm here. It's been a week of challenges and unusual events for me, but hopefully I have weathered them and come through to the weekend. I sincerely hope the same goes for you but you know by now the rules...I'm here for you...armed with listening ears, tissues, biscuits, hot drinks, reassurance and help or advice if you want it. Take care, best wishes, Mrs Daylak

After School provision

Mr T is continuing to run after school childcare every evening until 5.15pm. He now works for DT Sports Coaching but the arrangements remain the same. Please see the attached letter and form for more information. To contact him please ring 07843 126833

or email

clubs@dtcoaching.co.uk

Diary Dates

11th Oct	Harvest Festival at 9.30am
17th - 19th Oct	Year 1-6 Parent teacher meetings. Some clubs cancelled
24th-28th Oct	Half term holiday

LOST

Jayden in Lanyon has lost his glasses. They are black with a bit of red on them.

Iris in Kingfishers has lost two water bottles. One is a metal Stitch bottle with a silver top. The other is a Healthy Cornwall bottle. Please check at home and hand back in if any of these items are found. Thank you.

Search for a STAR



CHANCE TO WIN

- £100 voucher
- Free Membership
- 3 months free Group coaching



ARE YOU THE NEXT TENNIS STAR?

WWW.IVTENNISCOACHING.COM

This is an exciting competition looking for the most promising boy and girl

We're looking for players aged 5-10 years old
No experience required
FREE to enter

CHANCE TO WIN

£100 VOUCHER
FREE MEMBERSHIP
3 MONTHS FREE GROUP COACHING

Saturday 8th October Penzance Tennis Club TR18 4HE
Saturday 15th October Hayle Tennis Club TR27 4AF

FOR MORE INFORMATION

ian.vidgen@hotmail.co.uk 07582669511

ASONE Hub

ASONE Hub Consortium Presents...

LEARN TO PLAY MUSICAL INSTRUMENT TASTERS DAYS ACROSS THE COUNTY



Multiple locations | Sunday 9th OCT 2022 | times vary

A series of musical taster sessions across Cornwall for young people aged 18 and under. We are working with partners to offer a programme of introductory sessions in a range of instruments. Further details can be found on our website.

Scan the QR code or email:
hub@asoneperform.com



ASONE

ASONE Hub is a part of ASONE Perform CIC.
Registered Number: 13629519; Registered Address: St. Merryn Airfield, St. Merryn, Padstow, England, PL28 8PU VAT No. 419 056 102

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ARTS COUNCIL ENGLAND



Together for Families

The deadline for applications is
31 October 2022

Transfer to secondary school

September 2023

Applying for a place in year seven at a secondary school

Information and guidance

Website and application form: www.cornwall.gov.uk/admissions
Email: schooladmissions@cornwall.gov.uk
Post: School Admissions Team, County Hall, Truro, TR1 3AY
Telephone: 0300 1234 101

Need help with your application?

Contact the Family Information Service on 0800 587 8191



www.cornwall.gov.uk