



Dear Parents and Carers,

Next week we will be saying goodbye to lots of different people.

First of all, our **Year 6** pupils will be off to secondary school. They have been an absolute delight from the moment they set foot in the school and we are very proud of everything they have accomplished over the last seven years. We know that they will go on to be hugely successful and we look forward to hearing about their many achievements as the years progress.

We also have to say goodbye to several members of staff.

First of all, **Mr Higgs** is retiring from headship. There are many examples I could give of his tremendous impact here at Alverton but I think the one that people have appreciated most over any other was his leadership during Covid. Mr Higgs has three principles for running a school: children's learning as the utmost priority and the heart of everything we do, high expectations for ourselves and others, and team spirit. He absolutely embodies these principles and I know that I speak for all the staff when I say that we are all very proud to have worked for him and that he will be an incredibly hard act to follow.

Mrs Harman has been working at Alverton since 2001, mostly in UKS2 where she has been an integral part of the team and will be much missed. She has particularly had a real impact in maths and in working 1:1 with children who sometimes find maths tricky, boosting both their achievements and their confidence immeasurably. She is looking forward to an exciting retirement and lots of travelling.

Miss Rudge is leaving us this term for new adventures. She joined us as a newly qualified teacher and immediately impressed everyone with her calm, kind and capable presence. She is a talented teacher who has particularly shone leading our productions of Moana and Matilda and who has been an absolute delight to work with.

Mrs England has been a true advocate for music at Alverton for the past twenty-one years. She is hugely talented and it is lovely to listen to her play the piano at lunchtimes or see her walking around the playground like the Pied Piper with a band of little children, all playing the recorder, following on behind.

Miss Pearson has been working in Reception since January and we are all thrilled that she will begin her teacher training in September as we know that she will be a real asset to the teaching profession.

Miss Bennett has decided to leave her HLTA role and we wish her all the best for the future.

Mrs Tanner, who has looked after our finances for the past few years, is leaving for a new position with the NHS. She will be a familiar face to anyone who has called into reception and we will miss her capable presence.

Daisy will also be leaving at the end of term and has many exciting projects ahead. She has been a whirlwind of enthusiasm and has inspired everyone with her love of the outdoors as well as providing enormous support for many children.

On behalf of all the staff and children, I would like to say thank you to everyone who is leaving us next week. You have all left your mark on Alverton and we will miss you all very much.

Best wishes,

Cathryn Wicks

There's a sad sort of clanging from the clock in the hall...

Well, it will very soon be time to say goodbye. I came here with my children into years 2 & 4 over 20 years ago! They have long since left and grown up and the grandchildren have started to make an appearance! I have loved my time at Alverton, learning such a lot, working with many wonderful teachers and assistants as well as some amazing children. There have been lessons, school camps, painting and making, dressing up, and a lot of music making! I'm sure I will see you all again at something musical or Mazey. Thank you for everything. Hopefully, I'll be bringing the grandchildren here one day after telling them that it really is the best school ever!

I leave you in good musical hands so keep on singing and making music. It is something you can enjoy all your life.

So long, farewell, auf weidersehen, goodbye.

Mrs England



Where do all the years go?

I started my teaching career in the North East in 1984 ... most of you reading this probably weren't even born! In 1984, Margaret Thatcher was Prime Minister, the Miners' Strike was the major event of the year along with Torvill and Dean winning a gold medal at the Winter Olympics skating to Ravel's Bolero and Bob Geldof masterminded the hit single 'Do they know it's Christmas' with Band Aid. Colin Baker was Dr Who, Everton won the FA Cup Final and Liverpool won the European Cup beating AS Roma on penalties after a 1-1 draw - Grobbelaar performing brilliantly with his 'jelly legs' in the penalty shoot out!

Teaching was very different in 1984 ... my curriculum consisted of three topics per year - Trees, Romans and Houses. I could teach whatever I liked along these themes! Along with a bit of Maths and spelling, that was about it. We did of course teach PE with all the children in their vests and knickers and 'daps' as plimsolls were called in the North East. I ran a rounders club in my very first year of teaching. The education must have been ok though as some very successful children slipped through my fingers. Then, as now, we all worked really hard to give the children the best start in life we could. We made sure we really knew each child, learnt how to get the best out of each and every one of them, valued them as individuals and made sure they were happy and enjoyed coming to school.

I started coming to Alverton as a parent in 1997 when my eldest son was three and have been coming pretty much every day since. I started doing a bit of supply when Mr Lees was the Headteacher and never left. I am very proud to have been part of Alverton School. It is a fantastic community of staff, children and parents and, as I always tell people, if my boys were three and five again, I would still choose Alverton. Whilst I am mentioning Alverton as a choice of school, I have to say it is really a very special place. Relationships, kindness, support and community are at the centre of everything Alverton does and I know how proud the children are to wear their lovely red uniform with the bright lighthouse shining.

I do not have enough words to express how special the children that I have taught have been. They bring joy, laughter, awe and wonder to every classroom. I am always amazed when I go to local events, supermarkets, restaurants and pubs and see past students who have said I have made a difference to their lives. The staff at Alverton are amazing and I feel very privileged to have worked with so many talented, supportive and lovely people. I will miss them more than they all realise.

I feel very honoured to have been a part of Alverton School and whilst I am ready to retire from teaching after thirty-nine years, my life is so much richer for having taught at this amazing place. Even though it will be incredibly difficult to leave, I wouldn't have missed a moment.

Mrs Harman

Daisy's Diary

We are doing really well on our bottles! Three very full and very clean bags of bottles have been picked up - teams of children have been checking and washing and de-labelling them. It was windy on Thursday and we had to fill a goal up with them so they didn't blow away!

LAST BOTTLE COLLECTION AT SCHOOL IS THIS MONDAY COMING. Any last bottles please put in the big yellow bag in the staff car park!

The Big Plastic Bottle Event is at Jubilee Pool on 22nd July and it's free! I'll be there with the synchro women and there'll be loads of things to do and a band playing. I'll pop an invite on next week's newsletter.



Remember – safeguarding is everyone's responsibility

If you have a safeguarding concern, please contact Martin Higgs (Designated Safeguarding Lead) at head@alverton.tpacademytrust.org or, if it is out of school hours, please contact the Multi Agency Referral Unit on 0300 1231 116;
E-mail: multiagencyreferralunit@cornwall.gov.uk

Outstanding money owed

At present there are a sizeable number of debts owing for breakfast club, after school child care, trips, swimming and lunches. TPAT cannot allow any debt to be carried over to September and certainly none for anyone leaving the school. Please ensure that any money owed for any outstanding amounts are paid by Thursday 20th July at the latest. Please check your Schoolmoney account to see if you owe anything. All debts for lunches must be paid to Chartwells by the end of term.

School lunches from September

The same menu will continue in September until October half term although there will not be the option to have a packed lunch. Chartwells have increased the price of a meal to £2.65 from September. Please see their letter which was emailed home earlier this week.

THIS IS OUR

HELP YOUR SHELF

How it Works

It's all **free**.

**Take what you need,
whenever you need it.**



No Questions Asked – No Judgements Made

Give what you can if you would like to.

We currently have lots of items on our Help Your Shelf ready for collection which are free for anyone to take at any time.

If you prefer, you can buy a reusable bag for £1 and fill this with items from the shelf. Once you've bought your bag, you can fill it with as much as you want, as many times as you want. Whichever way you choose, the Help Your Shelf is available all day and you can pop in at any time.

Ties

The cost of ties will increase in September to £4.50. Please order on the Schoolmoney system in the shop area and we will give one to you child.

Lost property

All the un-named lost property remaining in the lost property box on 21st July will be taken to the charity shop so please come and check the box before then if you are missing something. All named items will be returned to your child. The box can be found outside the side hall door.



Cornwall Partnership NHS Foundation Trust

The Trust has its own Out of Hours telephone support provided by Support Matters Cornwall. This service operates from 5pm to 9am on weekdays and 24 hours a day at weekends and bank holidays. The service is open to all patients (aged 16+) under the care of the Trust's mental health services. Support can be delivered over the telephone, via text, email or web chat. Call free on **0800 001 4330**.



Family
Line

0808 802 6666

ChildLine

0800 1111



0300 123 3393

www.mind.org.uk



for better mental health

Download this image onto your phone for **when you might need help**



Samaritans: 24h
Emotional support to anyone in distress, struggling to cope, or at risk of suicide.

116 123

Shout: 24h
Text service, free on all major networks, for anyone in crisis anytime, anywhere.

• If you're over 18, text the word **SHOUT**

• Under 18s, text **YM**

Text: **85258**

Cornwall's 24/7 NHS mental health support

Call for free, any time day or night if you are worried about your own or someone else's mental health. The team behind the 24/7 open access telephone service will listen to you and determine how best to help

0800 038 5300

Valued Lives:

Supports people who are experiencing mental or emotional distress in Cornwall. Every day, 5.30pm - midnight.

01209 901438

If you, or someone else, is in immediate danger call **999**



www.cornwall.gov.uk/mentalhealth

If you're worried about a child:

0808 800 5000

help@nspcc.org.uk

www.nspcc.org.uk

Penzance CTIPA Foodbank

The CTIPA Foodbank in Penzance provides food for anyone in need. If their support would be helpful to you, just phone Veryan or Adele in the office in confidence on 01736 364087 and they can phone the Foodbank for you who will be able to help.

The Foodbank are extremely busy at the moment and are very grateful for any donations.

citizens
advice

0344 411 1444

ON YOUR SIDE
NO MATTER WHAT

0800 58 58 58

THECALMZONE.NET/WEBCHAT

5PM-MIDNIGHT | FREE | CONFIDENTIAL | ANONYMOUS

CAMPAIGN
AGAINST
LIVING
MISERABLY
CALM

"It's alright to ask for help"

SAMARITANS

116 123

NATIONAL DOMESTIC
VIOLENCE HELPLINE
0808 2000 247
24/7 CONFIDENTIAL
FREEPHONE

AT HOME
SHOULDN'T
MEAN
AT RISK

#YOUARENOTALONE

FIND SUPPORT AT:
gov.uk/domestic-violence

WCWAid

West Cornwall Women's Aid

01736 367539

https://www.wcwaid.co.uk/helpline

STAY SAFE ONLINE THIS SUMMER

SHARE FEEL-GOOD CONTENT & LEAVE POSITIVE COMMENTS

NEWS
DOUBLE CHECK STORIES - DON'T FALL FOR FAKE NEWS!

USE CAUTION ON PUBLIC WIFI

MAKE THE MOST OF THE OUTDOORS

Stay off devices just before bed

BE KIND & BE TOLERANT

Report bullies & ignore trolls

ENABLE PRIVACY SETTINGS

KEEP YOUR PERSONAL DETAILS PRIVATE

AVOID BINGE STREAMING AND ALL-DAY GAMING

TAKE FREQUENT BREAKS

ENJOY SCREEN-FREE ACTIVITIES

BE CAREFUL WITH IN-APP SPENDING

NOS National Online Safety®
#WakeUpWednesday

@natonlinesafety /NationalOnlineSafety @nationalonlinesafety @national_online_safety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 12.07.2023

There is a lot of help and advice available to help you keep your children safe online. Have a look at the Online Safety section of our website for lots of useful information and links http://www.alverton.org.uk/website/online_safety_for_families/246722. Your child's teacher will also always be happy to talk to you about online safety.

Free School Meals / Pupil Premium

<https://www.cornwall.gov.uk/schools-and-education/schools-and-colleges/school-meals/>

Registering a child as eligible for free school meals (as described below) means that your child receives a free meal every day (though they can, of course, bring a packed lunch should they prefer) but there are additional benefits too. Pupil Premium brings more money into the school to help children achieve and learn. Children in receipt of the Pupil Premium also receive other benefits (eg contributions towards Key Stage 2 camps and funding to use for uniform, music lessons, trips etc). At some times, there are further benefits for these children such as food vouchers during holiday times where these are given. Please see the Pupil Premium Provision Map in the Pupil Premium section of our website http://www.alverton.org.uk/website/pupil_premium/172518 or speak to Mrs Gill or Mrs Stacey in the office or contact Mrs O'Rourke who leads our Pupil Premium provision.

The easiest and quickest way to apply for free school meals is online through the Cornwall Council website but, if you are unable to do this, you can call the Free School Meals team on 01872 323298 and a member of the team will call you back to complete the application over the phone.

A child is eligible for free school meals if their parent / carer (or the child themselves) receives any of the following benefits:

- Income Support (IS)
- Job Seekers' Allowance (Income-Based) and equal based Job Seekers Allowance
- Income Related Employment and Support Allowance (ESA-IR) and equal based Employment and Support Allowance
- Child Tax Credit (CTC) with an annual income of less than £16,190
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Guarantee Element of Pension Credit (GPC)
- Immigration and Asylum Act 1999 (IAA) Support
- Universal Credit - your household income must be less than £7,400 a year (after tax and not including any benefits you get) as assessed by earnings from up to three of your most recent assessment periods

If you are claiming the benefits listed below you are NOT eligible for free school meals, regardless of what other benefits / credits are being claimed:

- Working Tax Credit
- Contribution-Based Job Seeker's Allowance and / or Contribution-Based Employment and Support Allowance

NB All Reception, Year 1 and Year 2 pupils are entitled to receive a free school meal as part of the Universal Infant Free School Meals (UIFSM) initiative, regardless of what benefits are being claimed. However, some children in Reception, Year 1 and Year 2 may also have an entitlement to benefits-related free school meals and it is important to apply for these if you think your child may be eligible.

Registering for free school meals / Pupil Premium is confidential. If you think that your child is eligible, we strongly recommend that you contact Cornwall Council as detailed above. Mrs Gill and Mrs Stacey in the office will also be able to help you and answer any questions you may have.

Thank you.

DIARY DATES

Friday 21st July 1.30pm	Year 6 Leavers Assembly
Friday 21st July 3.15pm	School closes for Summer holidays
Monday 24th July	School closed - INSET Day
Tuesday 25th July	School closed - INSET Day
Wednesday 26th July-Sunday 3rd September	Summer holidays - school closed
Monday 4th September	School closed - INSET Day
Tuesday 5th September 8.30am	School opens for Autumn term

Goodness where did that sunshine go? And why has it been replaced by wind and rain? These are all rather pressing questions, especially with the six week 'summer' break looming. As I type I can hear the wind howling around me and hear the constant rain lashing down. Not quite what I had imagined for this particular weekend as I was due to go away. In a tent. In a field. And now, oddly enough, I don't quite fancy it. So, let's see what happens. I'm fortunate, I have no small children to entertain, no real demands on my time when I'm at home and the freedom to mostly do what I want. I can camp or not, my choice. I do hope you guys will be okay too, so once again I would like to suggest that, especially if this is the weather for our summer, you reach out to each other, swap numbers, arrange play dates and have fun together. Offering support is twofold as it means you benefit too. Much love, I'm off to buy waterproofs. Mrs Daylak xxx



Vivian (from Kerris) is taking part in an epic 40 mile sponsored hike across Penwith with his Mum and Aunty Rachel to raise £1000 for Teenage Cancer Trust ~ that's 40 miles (60km) of wild west this September 23rd- 24th, 2023 as a tribute to two of Penwith's brightest, bravest stars, Jacob and Grace Cockle.

We shall be connecting the two magnificent walks of the St Michaels Way and Tinnars Way over two days with a night of wild Camping in between walking full circle- starting and finishing at St Michael's mount.

If you are able to donate to help Viv reach the fundraising goal we are so very grateful! GoFundMe QR link - 'Penwith Wild Ramble in tribute to Jacob & Grace - >

https://www.gofundme.com/f/penwith-wild-ramble?utm_campaign=p_lico+share-sheet&utm_medium=social&utm_source=facebook

If others wish to get involved either by participating in the walk or by offering assistance along the way - please get in touch with Viv's Mum! Thanks from us!





SUMMER 2023

We're an approved provider for the Time2Move Holiday Programme and we're running sessions in your area this summer!



Children's Sailing Trust

Scan here to book!



- AGES 6 to 14!
- A variety of fun water-based activities, from sailing, to paddleboards, kayaks or maybe even raft-building on the secret island in the middle of the lake!
- A choice of breakfast will be served to children before they head out onto the water but we're also a fully accessible site with cafe for parents to refresh themselves while they watch the hubbub on the water.



www.activecornwall.org/T2MHolidayProgramme/



SUMMER FOOTBALL CAMPS 12 Camps Available

Mounts Bay Football Development Centre



Summer Dates - 2023

'Mondays, Wednesdays & Fridays throughout August'

Week 1 : Mon 31st July, Weds 2nd, Fri 4th August

Week 2 : Mon 7th, Weds 9th, Fri 11th August

Week 3 : Mon 14th, Weds 16th, Fri 18th August

Week 4 : Mon 21st, Weds 23rd, Fri 25th August

Soccer Tots (3-6yrs)

10am - 12pm

£6 per day | £10 for 2 days | £13 for 3 days | £25 for 6 days | £50 for all 12 dates

Soccer Pros (7-13yrs)

10am - 3pm

£15 per day | £25 for 2 days | £35 for 3 days | £65 for 6 days | £130 for all 12 dates

Venue

Mounts Bay Football Development Centre
Mounts Bay Academy Sports Centre, Penzance, TR18 3JT

Other Info

All children are welcome from any school or club
Coaching staff are UEFA / FA / DBS qualified

Register

Pre-booking only, register & pay online
Visit the website for further information
Website link - www.mbfdc.co.uk

