



6/1/23

FRIDAY NEWS

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Dear Parents and Carers,

Happy New Year! I hope that you have all managed to have a restful and enjoyable Christmas break with your families.

On behalf of the staff, I'd like to say thank you for the Christmas gifts and cards that we received. I know how grateful everyone is at the generosity of you and your children. It really is not expected but it is most definitely appreciated. Thank you again.

We may only be three days into the term but the children are already engrossed in their new topics and, during the Spring term, our learning has a strong Geography focus. Our Reception children's topic is – fittingly – “It's Cold Outside” and they will be exploring everything cold and icy and will soon be off on an adventure to the Eden Project. Key Stage 1's topic is “The Natural World” and they will be looking at the geography of our local area as well as finding out about the importance of looking after the world around us. In Lower Key Stage 2, the children will be learning all about South America, looking at the equator, hemispheres and weather and also at the Amazon rainforest. Upper Key Stage 2 will be heading off to North America, locating it on maps and globes and investigating the varied physical features, biomes and settlements it contains, finding out how humans first arrived there and how they have affected the landscape. You can see even from this brief description how the children's learning builds and progresses as they move through the school and we are extremely proud of the high standards of knowledge they achieve.

This term, there are some new faces at Alverton. Mrs Stellon and Miss Mason will be teaching in Key Stage 2 and Miss Bennett, Mrs Phillips and Miss Pearson have joined our TA team. We are delighted to welcome them to our school.

We currently have lots of items on our Help Your Shelf ready for collection which are free for anyone to take at any time. If you prefer, you can buy a reusable bag for £1 and fill this with items from the shelf. Whichever way you choose, the Help Your Shelf is available all day and you can pop in at any time.

We look forward to working with you all again this term.

Have a lovely weekend,

Cathryn Wicks
Deputy Headteacher

Remember – safeguarding is everyone’s responsibility

If you have a safeguarding concern, please contact Martin Higgs (Designated Safeguarding Lead) at

head@alverton.cornwall.sch.uk or, if it is out of school hours, please contact the Multi Agency Referral Unit on 0300 1231 116;

E-mail:

multiagencyreferralunit@cornwall.gov.uk

Clubs

All clubs start in the week beginning **Monday 16th January**, not next week. Your child’s form will be returned to them to show you which clubs they have got a place on. If a club requires payment please ensure it is made before the start of the first club or your child will not be able to take part.

Please don’t forget that all children need a named, filled water bottle, a pair of named wellies and a warm, waterproof coat in school every day.

Wanted

If you have any spare pallets (preferably close slatted ones) or wooden cable reels, the Nursery would be very grateful. Thank you.

THIS IS OUR

HELP YOUR SHELF

How it Works

It’s all free.



Take what you need, whenever you need it.

No Questions Asked – No Judgements Made

Give what you can if you would like to.

Absence from school

If your child is unwell or will not be attending school it is your responsibility to contact the school on the first day of absence no later than 9.30am (there is an answering machine if you wish to leave a message before 8am). If we have not heard from you by this time we will need to telephone home to ascertain the nature of your child’s absence. This is in line with the Government’s policy on attendance. Please note that any child who is ill with sickness or an upset stomach should remain away from school for 48 hours after the last episode of illness.

Welcome back and I really hope you all had a lovely break, filled with family, friends and festive fun. Already I feel as if those two weeks were long ago as we embark on our new Spring term. This one is my favourite of all, evenings and mornings getting lighter, daffodils and snowdrops beginning to appear and everyone feeling a little bit lighter and happier with more daylight hours. I am still here and my motto is still ‘a cuppa and someone to talk to makes us all feel better’. As always, you know where I am and what to do to reach me; I am more than happy to listen. Take care, have a lovely weekend and I hope to see you around sometime. Mrs Daylak xxx





Cornwall Partnership NHS Foundation Trust

The Trust has its own Out of Hours telephone support provided by Support Matters Cornwall. This service operates from 5pm to 9am on weekdays and 24 hours a day at weekends and bank holidays. The service is open to all patients (aged 16+) under the care of the Trust's mental health services. Support can be delivered over the telephone, via text, email or web chat. Call free on **0800 001 4330**.



Family
Line

0808 802 6666

ChildLine

0800 1111



0300 123 3393

www.mind.org.uk



for better mental health

Download this image onto your phone for **when you might need help**



Samaritans: 24h
Emotional support to anyone in distress, struggling to cope, or at risk of suicide.

116 123

Shout: 24h
Text service, free on all major networks, for anyone in crisis anytime, anywhere.

• If you're over 18, text the word **SHOUT**

• Under 18s, text **YM**

Text: **85258**

Cornwall's 24/7 NHS mental health support

Call for free, any time day or night if you are worried about your own or someone else's mental health. The team behind the 24/7 open access telephone service will listen to you and determine how best to help

0800 038 5300

Valued Lives:

Supports people who are experiencing mental or emotional distress in Cornwall. Every day, 5.30pm - midnight.

01209 901438

If you, or someone else, is in immediate danger call **999**



www.cornwall.gov.uk/mentalhealth

If you're worried about a child:

0808 800 5000

help@nspcc.org.uk

www.nspcc.org.uk

Penzance CTIPA Foodbank

The CTIPA Foodbank in Penzance provides food for anyone in need. If their support would be helpful to you, just phone Veryan or Adele in the office in confidence on 01736 364087 and they can phone the Foodbank for you who will be able to help.

The Foodbank are extremely busy at the moment and are very grateful for any donations.

citizens
advice

0344 411 1444

ON YOUR SIDE
NO MATTER WHAT

0800 58 58 58

THECALMZONE.NET/WEBCHAT

5PM-MIDNIGHT | FREE | CONFIDENTIAL | ANONYMOUS

CAMPAIGN
AGAINST
LIVING
MISERABLY
CALM

"It's alright to ask for help"

SAMARITANS

116 123

NATIONAL DOMESTIC
VIOLENCE HELPLINE
0808 2000 247
24/7 CONFIDENTIAL
FREEPHONE

AT HOME
SHOULDN'T
MEAN
AT RISK

#YOUARENOTALONE

FIND SUPPORT AT:
gov.uk/domestic-violence

WCWAid

West Cornwall Women's Aid

01736 367539

https://www.wcwaid.co.uk/helpline

Free School Meals / Pupil Premium

<https://www.cornwall.gov.uk/schools-and-education/schools-and-colleges/school-meals/>

Registering a child as eligible for free school meals (as described below) means that your child receives a free meal every day (though they can, of course, bring a packed lunch should they prefer) but there are additional benefits too. Pupil Premium brings more money into the school to help children achieve and learn. Children in receipt of the Pupil Premium also receive other benefits (eg contributions towards Key Stage 2 camps and funding to use for uniform, music lessons, trips etc). At some times, there are further benefits for these children such as food vouchers during holiday times where these are given. Please see the Pupil Premium Provision Map in the Pupil Premium section of our website http://www.alverton.org.uk/website/pupil_premium/172518 or speak to Mrs Gill or Mrs Stacey in the office or contact Mrs O'Rourke who leads our Pupil Premium provision.

The easiest and quickest way to apply for free school meals is online through the Cornwall Council website but, if you are unable to do this, you can call the Free School Meals team on 01872 323298 and a member of the team will call you back to complete the application over the phone.

A child is eligible for free school meals if their parent / carer (or the child themselves) receives any of the following benefits:

- Income Support (IS)
- Job Seekers' Allowance (Income-Based) and equal based Job Seekers Allowance
- Income Related Employment and Support Allowance (ESA-IR) and equal based Employment and Support Allowance
- Child Tax Credit (CTC) with an annual income of less than £16,190
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Guarantee Element of Pension Credit (GPC)
- Immigration and Asylum Act 1999 (IAA) Support
- Universal Credit - your household income must be less than £7,400 a year (after tax and not including any benefits you get) as assessed by earnings from up to three of your most recent assessment periods

If you are claiming the benefits listed below you are NOT eligible for free school meals, regardless of what other benefits / credits are being claimed:

- Working Tax Credit
- Contribution-Based Job Seeker's Allowance and / or Contribution-Based Employment and Support Allowance

NB All Reception, Year 1 and Year 2 pupils are entitled to receive a free school meal as part of the Universal Infant Free School Meals (UIFSM) initiative, regardless of what benefits are being claimed. However, some children in Reception, Year 1 and Year 2 may also have an entitlement to benefits-related free school meals and it is important to apply for these if you think your child may be eligible.

Registering for free school meals / Pupil Premium is confidential. If you think that your child is eligible, we strongly recommend that you contact Cornwall Council as detailed above. Mrs Gill and Mrs Stacey in the office will also be able to help you and answer any questions you may have.

Thank you.

Daisy's Diary

Hello and Happy New Year! Sorry I haven't written a Daisy's Diary for so long - I got out of the habit but will try and get back into it as I love telling everyone what we get up to on the school grounds and always have lots of lovely photos of children cuddling rabbits/ covered in mud...

Back to school this week and I've finally got the rabbit out from under my chest of drawers and she's had a go in her new garden outside Lanyon. Here are some photos of us bashing in some metal poles to hold up her fencing so she can't escape, and settling her in. She quickly found a spot right at the edge where all the children can stroke her at playtime so she sits there quite happily getting lots of attention which is what she loves.

Kerris' garden has had some new early spring plants put in before Christmas and they are doing well (thank you to everyone who bought in bulbs!). This patch will be for any bees waking up in our unusually mild

patches over the winter who need some breakfast after a long winter sleep. Next week I'll put some pictures of our new hedge in the newsletter (I know, thrilling!) made by our year 5/6s but I'm sure I can throw in a couple of cute animal photos too...



DIARY DATES

Wednesday 11th January

Morning

Swimming starts for Year 2 (Group 1)

Please pay online.

Monday 16th January

3.15pm

Clubs start

Please hand in by Weds 11th. The list will come home by Friday 13th so you know which clubs your child has a place on. Please pay promptly if necessary

Friday 10th February

3.15pm

School closes for half term

Monday 20th February

8.45am

School opens after half term