

National Ice Cream Day



Did you know that July is National Ice Cream month in the United States of America? The popular dairy dessert has had its own official food holiday since Ronald Reagan proclaimed it in 1984. No matter how you like your ice cream – in a bowl or on a cone, July is the month to celebrate it! Here are some fun educational activities to help celebrate your summer's favorite food holiday.

When is National Ice Cream Day?

In 1984, the 40th President of the United States of America, Ronald Reagan designated July as National Ice Cream Month and the third Sunday of the month as National Ice Cream Day. In his [proclamation](#), President Reagan called for all people of the United States to observe these events with "appropriate ceremonies and activities."



Did you know the average American eats 48 pints of ice cream each year? Did you also know it takes 12 pints of milk to make a gallon of ice cream!

Use your internet research skills to find out more facts about ice cream and make a poster.

There are so many flavours of ice cream.... See how many types you can find and then make up some new flavours that you would like to try with your friends.



National Ice Cream Month and National Ice Cream Day, 1984

By the President of the United States of America

A Proclamation

Ice cream is a nutritious and wholesome food, enjoyed by over ninety percent of the people in the United States. It enjoys a reputation as the perfect dessert and snack food. Over eight hundred and eighty-seven million gallons of ice cream were consumed in the United States in 1983.

The ice cream industry generates approximately \$3.5 billion in annual sales and provides jobs for thousands of citizens. Indeed, nearly ten percent of all the milk produced by the United States dairy farmers is used to produce ice cream, thereby contributing substantially to the economic well-being of the Nation's dairy industry.

The Congress, by Senate Joint Resolution 298, has designated July 1984 as "National Ice Cream Month," and July 15, 1984, as "National Ice Cream Day," and authorized and requested the President to issue a proclamation in observance of these events.

NOW, THEREFORE, I, RONALD REAGAN, President of the United States of America, do hereby proclaim July 1984 as National Ice Cream Month and July 15, 1984, as National Ice Cream Day, and I call upon the people of the United States to observe these events with appropriate ceremonies and activities.

IN WITNESS WHEREOF, I have hereunto set my hand this ninth day of July, in the year of our Lord nineteen hundred and eighty-four, and of the Independence of the United States of America the two hundred and ninth.

Ronald Reagan

<https://www.sciencebuddies.org/stem-activities/ice-cream-bag#summary>

This website shows you how to make your own ice cream!! If you can have a go!

