

Dear Parents/Carers

This week in school we marked the 80th anniversary of VE day with an assembly called 'Why is peace so important?' We looked at how the introduction of peace brought an end to fear and sadness and a promise of a brighter future. We looked at United Nations and the important work they do to try and resolve conflict in the world and ensure we are able to continue to live in peace. We finished the week by singing the song that Miss Williams had been teaching the children in class this week.

Another anniversary that is approaching this year is the 70th anniversary of Alverton School! We are planning to mark the occasion in September and would like to invite members of the community who attended Alverton in the past to share any pictures of memories they may have. If you have one to share, please bring it into the office and we will take a copy to add to our collection. We are hoping to create a nice scrap book or display with our memories.

Next week is Year 6 SATs. The children are able to start the day with breakfast in school to get them set up and ready for the day. The children have worked so hard getting ready, and we are incredibly proud of their hard work and resilience. Whilst we know they will all try their very best, we are also very aware that they are more than just these tests. They are sports people, creatives, scientists, builders, comedians and much more and we know they will be successful down their chosen paths. We wish them lots of luck next week and are sure they will come out on the other side with a smile on their faces!

Have a great weekend!

Nichola Smith
Headteacher

Remember – safeguarding is everyone's responsibility

If you have a safeguarding concern, please contact Nichola Smith (Designated Safeguarding Lead) at nsmith@alverton.tpacademytrust.org or, if it is out of school hours, please contact the Multi Agency Referral Unit on 0300 1231 116;
E-mail: multiagencyreferralunit@cornwall.gov.uk

Club cancellations

The last Year 5/6 Drama club is next week on **Tuesday 13th May** finishing at 4.30pm. There will be none on Tuesday 20th May as it is show week.

Year 3/4 Outdoor Adventures will be cancelled on **Wednesday 14th May** as Miss Atkins has training.

Year 1/2 Book Club will be cancelled on **Monday 19th May** as Mrs Clive has training.
Please collect your child at 3.15pm on those days.

Global Borders are running a surf club after school in June & July for Years 3-6 costing £108. Please see the email that was sent out last week. If your child is interested, please contact the office. It will not run unless they have enough interest.

THIS IS OUR

HELP YOUR SHELF

How it Works

It's all free.

**Take what you need,
whenever you need it.**



No Questions Asked – No Judgements Made

Give what you can if you would like to.

Donations wanted

Our Help Your Shelf is looking rather bare. If you are able to bring in any non-perishable food items, cleaning products or toiletries, we would be very grateful. These will all go to helping our families and community. Thank you very much.

Breakfast club drop off

Recently a number of children have been dropped off at Breakfast Club before 7.45am without adult supervision. The school is not responsible for children's safety before 7.45am so please ensure that an adult waits with your child until the doors open.

Calling all Reception, Year 1 and Year 2 parents!

Please can you help?

Thursday 15th May is School Census Day and one of the things which is measured is Universal Free School Meals (all Reception, Year 1 and Year 2) children who have school dinners on that day. This makes a big difference to our funding so we would like to ask for your help.

We need as many children as possible in Reception, Year 1 and Year 2 to have school dinners next Thursday.

Even if your child brings a packed lunch please could you book them a school lunch for them to try?

Thursday's menu will be Meatballs with pasta or Veggie sausage and mash followed by a rocket lolly.

With the increasing costs at the moment, our school budget needs all the help it can get and we would be hugely grateful for your support.

Thank you very much.



If you booked your child's lunch on Aspens Select before the beginning of this week, it will have been cancelled when they put the new menu choices in for Thursday 15th May. Please log in and re-order your child's meal for that date. Thank you.

Wednesday sold out!

A few tickets left for Thursday!

£5 for adults, £2.50 for children

Alverton Primary School's production of



Wednesday 21st May 2025 at 6.30pm

Thursday 22nd May 2025 at 6.30pm

Music and Lyrics by

Richard M Sherman and Robert B Sherman

Music by Special Arrangement with Sony / ATV Publishing

Adapted for the Stage by Jeremy Sams

Based on the MGM Motion Picture

Licensed Script Adapted by Ray Roderick

This amateur production is presented by

Music Theatre International

All authorised performance materials are also supplied by MTI

www.mtishows.co.uk

Looking for the perfect read for you or your children? Please consider heading to <https://www.lovereadings.co.uk/register> Here's why!

- **10% off the cover price of all books**
- **Search for recommended reads by age group here: <https://www.lovereadings4kids.co.uk/lists/category/age-groups>**
- **The best bit! For every book **you** buy LoveReading will donate **25%** of the cover price to our school so **we** can buy books too (you do need to actively choose this at checkout)**

Please do let us know if you decide to purchase from this website so we can keep an eye on your donations adding up!



Text and In App messages

Our text service with Teachers2Parents (Eduspot) has now ceased and we are no longer be able to send texts.

We are looking into getting texts with Arbor but this is relatively costly so will only be able to use this for urgent messages and emergencies.

We will be relying on communicating with you via email and In App messages through Arbor. **If you haven't yet downloaded the Arbor App please do so as soon as possible. This means that you will be able to be notified via In App message.**

Wanted for Mazey making!

Please could you save the following: any bottle tops - metal or plastic, old CDs or DVDs, whole cereal boxes (not flatted or torn). Please bring in and hand to your child's class teacher or to the office. Many thanks.

Save the date!

The FOAS Summer Fair will be held on Friday 18th July. Please save the date! More information to follow.

ALVERTON
SCHOOL

DUCK RACE

FOAS

Saturday 7th June at 11am
Wherrytown Boating Lake

£1 per duck from the office



Cornwall Partnership NHS Foundation Trust

The Trust has its own Out of Hours telephone support provided by Support Matters Cornwall. This service operates from 5pm to 9am on weekdays and 24 hours a day at weekends and bank holidays. The service is open to all patients (aged 16+) under the care of the Trust's mental health services. Support can be delivered over the telephone, via text, email or web chat. Call free on **0800 001 4330**.



Family
Line

0808 802 6666



Download this image onto your phone for **when you might need help**



Samaritans: 24h
Emotional support to anyone in distress, struggling to cope, or at risk of suicide.

☎ **116 123**

Shout: 24h
Text service, free on all major networks, for anyone in crisis anytime, anywhere.

• If you're over 18, text the word **SHOUT**
• Under 18s, text **YM**

☎ **Text: 85258**

Cornwall's 24/7 NHS mental health support

Call for free, any time day or night if you are worried about your own or someone else's mental health. The team behind the 24/7 open access telephone service will listen to you and determine how best to help

☎ **0800 038 5300**

Valued Lives:

Supports people who are experiencing mental or emotional distress in Cornwall. Every day, 5.30pm - midnight.

☎ **01209 901438**

If you, or someone else, is in immediate danger call **999**



🌐 www.cornwall.gov.uk/mentalhealth

If you're worried about a child:

☎ **0808 800 5000**
✉ **help@nspcc.org.uk**
🌐 **www.nspcc.org.uk**

Penzance CTIPA Foodbank

The CTIPA Foodbank in Penzance provides food for anyone in need. If their support would be helpful to you, just phone Vryan or Adele in the office in confidence on 01736 364087 and they can phone the Foodbank for you who will be able to help.

The Foodbank are extremely busy at the moment and are very grateful for any donations.

citizens
advice

0344 411 1444

**ON YOUR SIDE
NO MATTER WHAT**

☎ **0800 58 58 58** 🌐 **THECALMZONE.NET/WEBCHAT**

5PM-MIDNIGHT | FREE | CONFIDENTIAL | ANONYMOUS



"It's alright to ask for help"

SAMARITANS

☎ **116 123**

**NATIONAL DOMESTIC
VIOLENCE HELPLINE
0808 2000 247
24/7 CONFIDENTIAL
FREEPHONE**

**AT HOME
SHOULDN'T
MEAN
AT RISK**

#YOUARENOTALONE

FIND SUPPORT AT:
gov.uk/domestic-violence

WCWAid

West Cornwall Women's Aid

01736 367539

<https://www.wcwaaid.co.uk/helpline>

What Parents & Educators Need to Know about MAKING FRIENDS ONLINE

WHAT ARE THE RISKS?

In today's digital world, it's increasingly common for children to form friendships with people they've never met in person. While online connections can offer children a sense of belonging, they also carry significant risks. Around 19% of children aged 10 to 15 in England and Wales have chatted online with someone they've never met face to face. This guide offers expert advice for parents and educators on helping children navigate online friendships safely.

ONLINE GROOMING THREATS

Predators can use games, chat apps or social media platforms to build relationships with children and gain their trust. This may quickly develop into grooming or exploitation. Between April 2017 and March 2023, UK police recorded nearly 34,000 online grooming offences – an 82% increase in just five years.

EXPOSURE TO INAPPROPRIATE CONTENT

Children may encounter distressing or explicit material while interacting with online contacts – especially via TikTok, Instagram or Snapchat. This is evidenced in a survey by the Children's Commissioner for England, which found that 45% of children aged 8 to 17 had seen content online that made them feel uncomfortable, worried or upset.

PRIVACY AND DATA RISKS

Children and young people often overshare personal details – such as where they live or go to school – without understanding the consequences. In fact, 4.4% of 10 to 15-year-olds in the UK have met up in real life with someone they'd only spoken to online.

COMPROMISED PERSONAL SAFETY

Meeting an online 'friend' in real life risks placing a child in serious danger. From abduction to coercion, the consequences can be devastating. Reports of children being harmed after such meetings are becoming increasingly common in the UK, highlighting the need for safeguarding intervention.

PSYCHOLOGICAL DISTRESS

Online harm – such as cyberbullying, grooming or exposure to disturbing content – can lead to long-term emotional issues, including anxiety, depression and PTSD. 'Sextortion' gangs, who threaten to release sexual information about a person unless they pay them money, have reportedly targeted children as young as 11, leaving them traumatised and ashamed.

LONG-TERM REPERCUSSIONS

Children exposed to harmful online relationships early on may develop unhealthy beliefs about relationships, consent, or self-worth. In a recent case, a 26-year-old posed as a girl on Snapchat to befriend children aged 10 to 16, manipulating them into sexual activity and causing profound emotional distress. One 12-year-old tragically died by suicide, highlighting the long-term psychological harm online friendships with strangers can cause.

26 FRIENDS ONLINE NOW

Advice for Parents & Educators

TEACH SAFE ONLINE HABITS

Help children understand how to use privacy settings, protect their personal information, spot fake profiles, and report anything suspicious or concerning, like pressure tactics. Encourage them to think critically about what they share – and whom they're talking to.

KEEP CONVERSATIONS OPEN

Let children know they can talk to you about their online life. Avoid reacting with anger or judgement, as this may prevent them from opening up in the future. A child who feels listened to is more likely to disclose problems before they escalate.

ENCOURAGE REAL-WORLD CONNECTIONS

Support children in building friendships through school, clubs, hobbies and activities in the real world. Strong offline relationships help reduce children's reliance on online platforms for social interaction, and can help them develop resilience and social confidence.

USE PARENTAL CONTROLS

Parental control settings on devices, games and apps can help manage screen time, filter out inappropriate content, and monitor activity. While no system is perfect, they provide a valuable layer of protection as children explore digital spaces.

Meet Our Expert

Gabriella Russo is a safeguarding consultant with over 30 years' experience in supporting children, families, and adults across education, local authority, and mental health settings – both in the UK (including at Parliamentary level) and internationally.



#WakeUpWednesday

The National College

X @wake_up_weds

f /www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 23.04.2025

There is a lot of help and advice available to help you keep your children safe online. Have a look at the Online Safety section of our website for lots of useful information and links http://www.alverton.org.uk/website/online_safety_for_families/246722. Your child's teacher will also always be happy to talk to you about online safety.

STARS OF THE WEEK

Little Foxes	Zara	for being extra kind & caring towards her friends
Little Owls	Larkin	for super settling into extra time at nursery & making new friends
Kittiwakes	Maya	Enthusiasm: for amazing enthusiasm & an incredible attitude
Curlews	Livvy	Enthusiasm: for wonderful enthusiasm & attitude
Puffins	Winnie	Enthusiasm: for asking such amazing questions during our Penlee visit
Owls	Theo	Enthusiasm: for amazing enthusiasm for his learning this week
Kingfishers	Riley	Perseverance: for trying hard to improve his writing every day
Trencrom	Olly	Enthusiasm: for sharing his brilliant ideas in English & Maths
Lanyon	Kendra	Enthusiasm: for absolutely fantastic Maths
Kerris	Flinn	Enthusiasm: for writing a fantastic story & always working hard
Bodrift	Chloe	Enthusiasm: for fantastic acting in Macbeth for the Minack Theatre
Bosigran	Sofia	Enthusiasm: for working so hard & trying her best in all her learning
Kenidjack	Freya	Enthusiasm: for fantastic work in the run up to SATs
Lunchtime Star	Sienna J	for being so kind & helpful with our younger members of the school
	Emily G	for being so kind & helpful with our younger members of the school



Hello there, my favourite flower is out in force, the good old English bluebell, bluer, smaller and more sweetly scented than the Spanish ones, I love finding a cluster of them especially when the sun is shining to release their scent. I've recently been rummaging through the NSPCC website and found this quote 'Many parents (and carers) with worries and problems are able to give their children loving care but sometimes they need support from family members, friends, neighbours and/or professionals to help them.' This is what I believe in and is the essence of what I write each week. I feel it's vital for us all to know the following - there are those out there, myself included, who don't always find life easy; that asking for help is absolutely fine and that anybody can support. Smiles help, hugs, chatting and listening, asking how somebody is, noticing and being there. With a young child playdates were my life line; they made my quiet days easier and gave me something to look forward to, time with another adult who understood the eating issues, the sleep patterns, the juggling, the school worries. Some of these play date buddies are now solid friendships that I value greatly. They still listen when I moan, worry, sob and celebrate. They offer tea, biscuits, companionship and solace. Maybe I can do that for you...if not, enjoy the bluebells and the weekend. Much love, Mrs Daylak xxx

DIARY DATES

Wednesday 21st-Thursday 22nd May 6.30pm	School show - Chitty Chitty Bang Bang <i>Only a few tickets remaining</i>
Monday 26th – Friday 30th May	Summer half term holiday
Monday 2nd June	INSET Day - school closed
Tuesday 3rd June 8.30am	School re-opens
Wednesday 4th - Friday 6th June	Year 5 camp at Porthpean
Saturday 7th June 11am	FOAS Duck Race Wherrytown Boating Pool - details to follow
Monday 9th June 1.30pm	UKS2 Sports Day
Tuesday 10th June 1.30pm	LKS2 Sports Day
Wednesday 11th June 1.30pm	KS1 Sports Day
Monday 16th June	Class photos (Hatchbox)
Wednesday 18th June 1.30pm	Reception Sports Day
Thursday 26th May am	Alverton Mazey Event - school field
Saturday 28th May	Mazey Day
Tuesday 1st July	Year 6 transition day to Humphry Davy & Mounts Bay
Wednesday 2nd-Friday 4th July	Year 6 London trip

JUNIOR GIG ROWING TASTER SESSION

AGE 10 - 16? JOIN US FOR A FREE
TASTER SESSION

AGE 10 - 16?

Join us for a free taster session on:
Saturday 10th May 3.30pm - 6pm
or

Saturday 24th May 2pm - 5pm
North Quay, Hayle
Outside Gilbert's TR27 4DD



Join one of our junior
rowing taster sessions!
Make friends, stay fit,
and enjoy the thrill of
competition.

Wear layers and sturdy
shoes you don't mind
getting wet. See you
there!

MORE INFO

WWW.FB.COM/HAYLEGIGCLU

Scan Qr for entry form

